

Prof. NovRattan Sharma

BRIEF CURRICULUM VITAE



Name **Prof. Nov Rattan Sharma**
Father's Name Sh. Suraj Mal Sharma
Date of Birth 23.1.1963
Educational Qualification M.A. (Psychology), Ph.D. , PGDGC.
Present Employment Professor, Department of Psychology,
M.D. University, Rohtak (Haryana).
Residence Address U F-103, M.D. U Campus, Rohtak-124001
M- 09355612805
E-mail address: sharmanr5@gmail.com

Teaching / Research Experience: 31 years

Dissertation / Thesis Supervised: Ph.D Awarded: 20 , **In Progress:** 7

Editing / Published Work:

Books (Edited) Published: 10

Papers Published in Journals and Edited books: 132

Journals: 1 (*Journal of Indian Health Psychology*, biannual, Since Sept. 2006).

Publisher: Global Vision Publishing House, New Delhi

Research Area: Personality, Applied Positive Health and Counseling Psychology

Conference / Seminar / Workshop Attended: 102

Refresher/ Orientation/ Training courses: 05

Administrative Experience as Head of the Department (2001-2004): 3 years

Deputy Coordinator: DRS-I (2004-09) 5Years

Deputy Coordinator: DRS-II (2009-14) 5Years

Establishment of **Center of Positive Health** in the Department of Psychology for Students and General Public.

Major Activities Organized: 18

Membership of Academic/Professional Bodies: 13

1. Educational Qualifications

Degree	Year of Passing	University/ Institution	Division	Percentage of Marks	Merit/medal /Prize
Matric	1977	Haryana Education Board	Ist	61%	First in School
Pre-University	1978	Kurukshetra University, Kurukshetra	Ist	62.1%	
B.A.I	1979	M. D. University, Rohtak	Ist	63.3%	
B.A.	1981	M. D. University, Rohtak	Ist	61.7%	First in College
PG (Psychology)	1983	Kurukshetra University, Kurukshetra	Ist Class Ist	67%	First in University
Ph. D	1987	M. D. University, Rohtak	Anisomycin and Memory		
PGDGC	1996	Annamalli University, Annamalli			

2. Career Profile

Designation	Institution Served	Duration	
		From	To
Lecturer	S. J. K. College, Kalanaur	22.8 1983	28.10 1984
Lecturer	University College, Rohtak	29.10 1984	10.10.1988
Lecturer	Dept. of Psychology, M.D.U., Rohtak	10.10.1988	21.8.1996
Reader	Dept. of Psychology, M.D.U., Rohtak	22.8.1996	21.8.2004
Professor	Dept. of Psychology, M.D.U., Rohtak	22.8. 2004	Till Date

Publications in Journals and Books: 132

1. Parma Nand Sharma & **Nov Rattan Sharma** (1994). Total time Hypothesis in verbal learning. *Indian Psychological Review*, 42 (3 & 4), 25-29.
2. **Nov Rattan Sharma** & I.S. Muhar (1995). Effect of Naloxone on memory. *Indian Psychological Review*, 44 (1 & 2), 28-32.
3. **Nov Rattan Sharma** & I.S. Muhar (1995). Time dependent effect of Anisomycin on memory. *Psycho - lingua*, 25 (1 & 2): 19-22.
4. **Nov Rattan Sharma** & I.S. Muhar (1995). Effect of Protein synthesis inhibition on memory. *Journal of the Indian Academy of applied Psychology*, 21 (1), 61-64.
5. Parma Nand Sharma, **Nov Rattan Sharma** & Sushma Sharma (1995). Time dependent effect of Glucose on memory. *Indian Psychological Review*, 44 (11-12), 30-35.
6. **Nov Rattan Sharma** (1996). Biochemical basis of memory. In *Recent advances in Biosciences and oceanography*, Edited by V.P. Agarwal, S.A.H. Abidi and Ravi Parkash, Muzaffarnagar, 269-274.
7. **Nov Rattan Sharma** & I.S. Muhar (1997). Effect of Protein Synthesis Inhibition on Acquisition. *Indian Journal of Psychology*, 72(1&2), 5-8.
8. **Nov Rattan Sharma** & I.S. Muhar (1997). Antibiotics and Memory. *Journal of Personality and Clinical Studies*, 13 (1&2), 71-74.
9. Sunita, **Nov Rattan Sharma** & A. Yadava (1997). Gender differences in general depression. *Communications* (A research Journal devoted to distance and non-formal education published by Chairman Department of Distance Education, University of Kashmir, Srinagar), 8(8), 15-18.
10. Darolia M.K., Yadava A. & **Sharma N.R.** (1998). Caloric Intake, Blood Protein levels and Memory. *The Indian Journal of Nutrition and Dietics*, 35, 163-165.
11. **Nov Rattan Sharma** & I.S. Muhar (1998). Duration of Protein Synthesis Inhibition and Memory. *Asian Journal of Psychology and Education*, 30(5-6), 28-32.
12. **Nov Rattan Sharma** & I.S. Muhar (1998). Effect of Protein Synthesis inhibition on memory for active avoidance learning. *Psychological Studies*, 43(1&2), 30-32.

13. **Nov Rattan Sharma** & I.S. Muhar (1999). Memory Impairing effects of Anisomycin are not task specific. *Psycho-Lingua*, 29(1), 77-82.
14. Shinu Mehta, Amrita Yadava & **Nov Rattan Sharma** (1999). State dependent memory modulatory effects of epinephrine and glucose. *Psycho-Lingua*, 29(2), 141-144.
15. Amrita Yadava, Nidhi Jakhkar & **Nov Rattan Sharma** (1999). Effect of Glucose on memory in mentally retarded subjects. *Journal of Personality and Clinical Studies*, 15(1&2), 25-30.
16. 16.V. Mahajan, A. Yadava & **Nov Rattan Sharma** (1999). Role of anxiety in the manifestation of pscho-somatic complaints after tubectomy. *Journal of Personality and Clinical Studies*, 15(1&2), 37-40.
17. **Nov Rattan Sharma**, Sunita, A. Yadava & N. Yadava (1999). Level of general depression among scheduled caste/scheduled tribe and non-scheduled caste/scheduled tribe students. *Indian Psychological Review*, 52(2), 64-68.
18. Yadava A., **Sharma N.R.**, Sharma P.N. & Dahiya S.B. (1999). Effect of carbon monoxide (CO) on learning. *Indian Journal of Environmental Health*, 41(3), 194-199.
19. S. Malik, A. Yadava & **Nov Rattan Sharma** (1999). Antagonistic effect of vasopressin of morphine induced amnesia. *Advances in Bio-Sciences*, 18(ii), 85-92.
20. Amrita Yadava, Naresh Kumar & **Nov Rattan Sharma** (2000). Impact of multichannel cable network on the nature of viewing and social interactions. *Journal of Human Values*, 6(1), 73-77.
21. Amrita Yadava, **Nov Rattan Sharma** & Sunia (2000). Across generation comparison of values in rural area. *Indian Journal of Psychometry and Education*, 31(2), 101-104.
22. M.K. Darolia, A. Yadava & **Nov Rattan Sharma** (2000). Age related menmoactive effect of glucose. *Indian Journal of Gerontology*, 14(3&4), 104-108.
23. **Nov Rattan Sharma**, Sushma Sharma, A.S. Sethi & Amrita Yadava (2001). Child rearing practices and parental training as determinants of Achievement motivation. In *Parental Behaviour*, Edited by Mahesh Bhargava and Saroj Aurora, Agra, 129-136.
24. **Nov Rattan Sharma**, Asha & Amrita Yadava (2001). Mental health of women in relation to job stress. *Journal of Personality and Clinical Studies*, 17(1), 41-44.

25. Amrita Yadava, **Nov Rattan Sharma** & Anu Gandhi (2001). Aggression and moral disengagement. *Journal of Personality and Clinical Studies*, 17, 95-99.
26. **Nov Rattan Sharma**, Amrita Yadava & Sunita (2001). Study of general depression among college students. In *Trends in Clinical and Psychotherapy (modern and vedic)* edited by C.P. Khukhar, 179-186.
27. **Nov Rattan Sharma**, Sushma Sharma & Amrita Yadava (2002). Level of psychological distress among rural and urban school teachers. *Recent Researches in Education and Psychology*, 7, 73-78.
28. Amrita Yadava, Sunita and **Nov Rattan Sharma** (2002). Across generation study of aggression and moral disengagement. *Indian Journal of Psychometry and Education*, 33(1), 13-18.
29. **Nov Rattan Sharma**, Amrita Yadava and Manju (2002). Retrieval ability as a function of personality dimension and level of intelligence. *Psycho-Lingua*, 32(1), 15-20.
30. **Nov Rattan Sharma**, Ashok Sharma, and R.C. Sharma (2002). Employment status and frustration level of Indian housewives. *Journal of Personality and Clinical Studies*, 18, 109-113.
31. **Nov Rattan Sharma**, Amrita Yadava and Poonam (2002). Effect of impulsivity of attentional processes. *Journal of the Indian Academy of Applied Psychology*, 28(1-2), 39-44.
32. Amrita Yadava, **Nov Rattan Sharma** and Sushma Sharma, (2003). Effect of Multi-channel Television Network on Social Interaction. In *Psychological Implications of Information Technology* edited by N.K. Chandel et al, 89-93.
33. **Nov Rattan Sharma**, Ashok Sharma and Suraj Mal (2003). Enabling the Disabled; With Special Reference to Latest Technology. In *Psychological Implications of Information Technology* edited by N.K. Chandel et al, 149-163.
34. Amrita Yadava, **Nov Rattan Sharma** and Nidhi Jakhar (2003). Caloric Restriction and Cognitive Performance. *Maharshi Dayanand University Research Journal (Arts)*, 2(1), 23-30.

35. **Nov Rattan Sharma**, Parmanand Sharma and Sushma Sharma, (2003). Effect of high dose of glucose on memory. *Journal of the Indian Academy of Applied Psychology*, 29(182), 7-20.
36. Amrita Yadava, **Nov Rattan Sharma** and Nisha (2003). Memory modulatory effect of glucose on heat stress induced amnesia. *Psycho-Lingua*, 31(1), 55-59.
37. Amrita Yadava, M. Darolia and **Nov Rattan Sharma** (2003). Dose dependent mnemoactive effect of glucose. *Indian Journal of Psychological Issues*, 11(1), 79-83.
38. **Nov Rattan Sharma**, Sushma Sharma and Amrita Yadava (2003). A study of anger expression among college students. *Journal of Personality and Clinical Studies*, 19, 243-248.
39. Sonu Joshi, **Nov Rattan Sharma** and Amrita Yadava (2004). A study of values in relation to age, gender and economic level of the respondents. **Asian Journal of Psychology and Education**, 37, 18-21.
40. **Nov Rattan Sharma**, C.R. Darolia, A.S. Kajal and Amrita Yadava, (2004) Emotional Intelligence: Construct Independence from social intelligence, Personality and temperament. In Rajbir Singh et al. (Ed.) **Psychology of Individual Differences**, (p.46-58) Delhi, Wisdom Publication.
41. **Nov Rattan Sharma**, Poonam Tayal and Amrita Yadava (2004). Inspection time in relation to level intelligence. In Rajbir Singh et al. (Ed.) **Psychology of Individual Differences**, (p.65-72) Delhi, Wisdom Publication.
42. **Nov Rattan Sharma**, Ashok Kumar and Amrita Yadava (2004) Self esteem as a determinant of well being. In Rajbir Singh et al. (Ed.) **Psychology of Individual Differences**, (p.97-105) Delhi, Wisdom Publication.
43. **Nov Rattan Sharma**, Deepti Hooda and Amrita Yadava (2004). Study of anger in relation of personality. In Rajbir Singh et al. (Ed.) **Psychology of Individual Differences**, (p.106-112) Delhi, Wisdom Publication.
44. **Nov Rattan Sharma**, Sonu and Amrita Yadava (2004). Across gender comparison of need patterns. In Rajbir Singh et al. (Ed.) **Psychology of Individual Differences**, (p.169-174) Delhi, Wisdom Publication.
45. Amrita Yadava, Neeraj and **Nov Rattan Sharma** (2004). Contribution of structural and semantic components of reading ability in Ach. In Hindi. In Rajbir Singh et al. (Ed.) **Psychology of Individual Differences**, (p.193-199) Delhi, Wisdom Publication.

46. Amrita Yadava , **Nov Rattan Sharma** and Sushma Sharma (2004). Genesis of individual differences in behaviour among animals. In Rajbir Singh et al. (Ed.) **Psychology of Individual Differences**, (p.209-213) Delhi, Wisdom Publication.
47. Savita Arya, **Nov Rattan Sharma**, and Amrita Yadava (2004). Effect of Noise Sensitivity Level on Concentration. **Psycho-Lingua**, **34**, 154-158.
48. **Nov Rattan Sharma**, Amrita Yadava and Deepti Hooda (2005). Effect of Yoga on psycho-physical functions. **Journal of Indian Psychology**, **23**, 37-42.
49. **Nov Rattan Sharma**, Ravinder and Amrita Yadava (2005). Study of personality and adjustment of players of individual and team games. In J. Mohan and M. Sehgal (Eds.). **Readings in Sports Psychology**, (p.237-247) New Delhi, Friends Publications, India.
50. Sharma, **Nov Rattan Sharma** and A. Yadava (2005). A critical review of well being measures. In Ajit K. Dalal and Subha Ray (Eds.). **Social Dimentions of Health**, (p.37-52) Jaipur, Rawat Publications.
51. **Nov Rattan Sharma**, A. Sharma and A. Yadava (2005). Psychosocial correlates of health: A review. In Ajit K. Dalal and Subha Ray (Eds.). **Social Dimentions of Health**, Jaipur, Rawat Publications.
52. Raj bir Singh, Sunita Malhotra, Promila Batra, Amrita Yadava, **Nov Rattan Sharma**, Radhey Shyam, Shalini Singh and Satish Kumar (2006). Biopsychosocial perspective of health psychology: An empirical tryout. **J of Indian Health Psychology**, **I**, 8-28.
53. **Nov Rattan Sharma**, Ashok Sharma and Amrita Yadava (2006). Study of general mental health in relation to personality. **J of Indian Health Psychology**, **I**, 67-75.
54. Ashok Sharma, **Nov Rattan Sharma** and Amrita Yadava (2006). Correlates of positive health: A review. In: J Mohan and M. Sehgal (Eds.). **Health psychology : Recent Perspectives** (pp. 297-310) Delhi: Abhijeet Publications.
55. Amrita Yadava, **Nov Rattan Sharma** and Sunita (2006). Moral disengagement and guilt reactions. **Indian J of Psychometry and Education**, **37**, 99-104.
56. Nitu Jain, **Nov Rattan Sharma** & Amrita Yadava (2006). Personality and behaviour : A triguna perspective. In: Updesh Kumar, et al (Eds.). **Recent Developments in Psychology** (pp. 19-33). Delhi: DIPR, DRDO.

57. Amrita Yadava, Anita and **Nov Rattan Sharma** (2006). Effect of residential density on mental health. *Indian Journal of Community Psychology*, 2 (1), 147-151.
58. Amrita Yadava, **Nov Rattan Sharma** and Sushma Sharma (2007). Embodiment of positive health psychology. In: Amrita Yadava and **Nov Rattan Sharma** (Eds.). *Positive health psychology* (pp. 3-14). New Delhi: Global Vision Publishing House.
59. Suman Sangwan, **Nov Rattan Sharma** and Amrita Yadava (2007). Managing obesity with positive life style. In: Amrita Yadava and **Nov Rattan Sharma** (Eds.). *Positive health psychology* (pp. 335-346). New Delhi: Global Vision Publishing House.
60. Nitu Jain, **Nov Rattan Sharma** & Amrita Yadava (2007). Prakriti and well being. In: Raj bir Singh and Radhey Shyam (Eds.). *Psychology of well being* (pp. 361-372). New Delhi: Global Vision Publishing House.
61. I.S. Muhar and **Nov Rattan Sharma** (2007). Slackening memory in elderly: alarming signal of Alzheimer's disease. In: Sunita Malhotra, Promila Batra and Amrita Yadava (Eds.). *Health Psychology* (pp. 250-256). Delhi: Common Wealth Publishers.
62. **Nov Rattan Sharma**, Sonu Joshi and Sushma Sharma (2007). Profile of need patterns among women across life span. In: Amrita Yadava, Sushma Sharma and Nov Rattan Sharma (Eds.). *Understanding women behaviour* (pp. 383-406). New Delhi: Global Vision Publishing House.
63. **Nov Rattan Sharma**, Ashok Sharma and Amrita Yadava (2007). Personality correlates of well being. In: K. Ravichandra, C. Beena and Renuka Regani (Eds.). *Psychological well being* (pp. 5-22) New Delhi: Global Vision Publishing House.
64. **Nov Rattan Sharma**, P.N. Sharma and Amrita Yadava (2007). Effect of diazepam on avoidance learning. *Psycho-lingua*, 37, 3-8.
65. Deepti Hooda, **NovRattan Sharma** and Amrita Yadava (2008). Emotional Intelligence as a Predictor of Positive Health in Working Adults. *J of Indian Health Psychology*, 2, 196-207.
66. Deepti Hooda, **NovRattan Sharma** and Amrita Yadava (2008). Sex Differences Intelligence among working Adults. *Global Journal of Business Management*, 2, 133-142.
67. Neeraj Yadav, Amrita Yadava and **NovRattan Sharma** (2008). Structural and Semantic Correlates of Reading Ability and Academic Achievement. In: Nov Rattan

68. **NovRattan Sharma**, Ashok K.Kalia and Amrita Yadava (Eds.). Psychology of Education (pp. 111-146). New Delhi: Global Vision Publishing House.
69. Amrita Yadava, **NovRattan Sharma** and Sushma Sharma (2008). Understanding Bullying: A Moral Disengagement Framework. In: Nov Rattan Sharma, Ashoks K.Kalia and Akbar Husain (Eds.). Counselling: Theory, Research and Practice. (pp. 147-160). New Delhi: Global Vision Publishing House.
70. Deepti Hooda, **NovRattan Sharma** and Amrita Yadava (2009). Social Intelligence as a predictor of positive psychological health. *Journal of Indian Academy of Applied Psychology*, 35,143-150.
71. Amrita Yadava, Sushma Sharma and **NovRattan Sharma**. (2010). Interface between Business and Psychology. In: Nov Rattan Sharma and Amrita Yadava (Eds.). *Business Psychology* (pp. 15-30). New Delhi: Global Vision Publishing House.
72. Deepti Hooda, Amrita Yadava & **NovRattan Sharma**. (2010). Development of Positive Psychological capital in Business Organisations. In: Nov Rattan Sharma and Amrita Yadava (Eds.). *Business Psychology* (pp. 333-380). New Delhi: Global Vision Publishing House.
73. Mandeep Sharma, Kaveri, **NovRattan Sharma** and Amrita Yadava (2010). Personality Factors as Correlates of Health among adults. *Journal of the Indian Academy of Applied Psychology*, 36(2), 328-333.
74. Mandeep Sharma, Amrita Yadava and **NovRattan Sharma** (2010). Countermeasures Deterrent to Accuracy in Lie Detection. *Behavioral Scientists*, 11(2), 97-104.
75. Kaveri, Mandeep Sharma and **NovRattan Sharma** (2010). Researches on Meditation –A review. *Psyber News-An International Magazine of Psychological Research*, 1(4), 25-30.
76. Mandeep Sharma, **NovRattan Sharma** and Amrita Yadava (2010). Depression in relation to Self –Efficacy and Parenting style among female adolescents. *Indian Journal of Community Psychology*, 6(2), 208-220.
77. Mandeep Sharma, **NovRattan Sharma** and Amrita Yadava (2010). Parental Styles and Depression among Adolescents. *Journal of Indian Academy of Applied Psychology*.37 (1), 61-68.
78. Deepti Hooda, **NovRattan Sharma** and Amrita Yadava (2010). Intelligence as Contributor of Positive Health across Gender. *Indian Social and Psychological Studies*, 3(2), 59-70, ISSN-0973-5755.

79. Priti, Amrita Yadava and **NovRattan Sharma** (2011). Factor Structure of Values- in-Action (VIA) in Diseased and Non-diseased Adults. *Journal of Indian Health Psychology*, 5(2), 81-90.
80. Deepti Hooda and **NovRattan Sharma** (2011). Positive Psychological Capital: Concept and Implications. *News Letter Haryana Psychology Association*, 4(1), 5-8.
81. Deepti Hooda, **NovRattan Sharma** and Amrita Yadava. (2011). Emotional Intelligence and Spiritual Health among Adults. *Journal of Indian Academy of Applied Psychology*.37 (2), 246-250.
82. Mandeep Sharma, Kaveri, **NovRattan Sharma** and Amrita Yadava (2011). Parenting Style and Behavioral Problems in Adolescents. *Journal of Health and Well being*, 2(1), 65-68.
83. D.K. Nehra, V. Sharma, H. Mushtaq, **N.R.Sharma**, M. Sharma & S. Nehra (2011). Emotional Intelligence and Alexithymia in Adolescents. *Behavioural Scientist*, 12(1),101-108
84. Priti, Amrita Yadava and **NovRattan Sharma** (2011) Perceived Health and Signature Strengths in Diseased and Non- diseased respondents. *Indian Journal of Psychology and Education*, 1 (2), 75-86.
85. Deepti Hooda, **NovRatten Sharma** and Amrita Yadava. (2011) Effect of Age, Gender and Marital Status on Positive Subjective Experiences. *Indian Journal of Psychological Science*, 2 (1), 1-9.
86. Deepti Hooda , **NovRattan Sharma** & Amrita Yadava (2011). Level of Emotional Intelligence and Positive Health. *Psyber News-An International Magazine of Psychological Research*, 2(4), 147-154.
87. Teenu, **NovRatten Sharma** and Amrita Yadava. (2011). Role of Religious Belief in Environmental Conservation. Proceeding of national Seminar on “*Psychosocial Antecedents and Moderators of Environment*” 10th to 12th March, 2011, organized by Department of Psychology, BLJS College, Tosham (Bhiwani).
88. D.K. Nehra, V. Sharma, H. Mushtaq, **Nov Rattan Sharma**, M. Sharma & S. Nehra (2012). Emotional Intelligence and Self Esteem in Cannabis Abusers. *Journal of Indian Academy of Applied Psychology*.38 (2), 385-393.
89. Nitu Jain, **Nov Rattan Sharma** & Amrita Yadava (2012). Trigunatmak Prakriti as a Correlate of Subjective Well-being. *Indian Social and Psychological Studies*, 5(1), 21-31.

90. Pooja, Amrita Yadava and **NovRattan Sharma** (2012). Body Mass Index: A Vital Marker of Health. In: Amrita Yadava, Deepti Hooda and Nov Rattan Sharma (Eds.). *Biopsychosocial Issues in Positive Health* (pp. 63-74). New Delhi: Global Vision Publishing House.
91. Deepti Hooda, **NovRattan Sharma** & Amrita Yadava (2012). Intelligence and Positive Health. In: Amrita Yadava, Deepti Hooda and Nov Rattan Sharma (Eds.). *Biopsychosocial Issues in Positive Health* (pp. 159-170). New Delhi: Global Vision Publishing House.
92. Priti, Amrita Yadava and **NovRattan Sharma** (2012). Identification of Character Strength Associated with Health Maintenance and prognosis. In: Amrita Yadava, Deepti Hooda and Nov Rattan Sharma (Eds.). *Biopsychosocial Issues in Positive Health* (pp. 171-184). New Delhi: Global Vision Publishing House.
93. *D.K. Nehra, Nov Rattan Sharma, S. Nehra & Pardeep Kumar(2012)*. Efficacy of Cognitive Behavior Therapy on Perceived Stress and Health Complains in Coronary Heart Diseased Patients. *Indian Journal of Positive Psychology*, 3(1), 84-88.
94. *D.K. Nehra, Nov Rattan Sharma, S. Nehra & Pardeep Kumar (2012)*. Efficacy of MBSR programe in treating Depression, anxiety and perceived Stress in Coronary Heart Diseased Patients. *Indian Journal of Positive Psychology*, 3(1), 91-95.
95. *D.K. Nehra, Nov Rattan Sharm ,Gajanmar Ali, Margoob, M.A. H. Mushtaq, Pardeep Kumar and S. Nehra.(2012)*. Comparative study of Prevalence of Psychological Distress factor in Coronary Heart Diseased Patients living under disturbed conditions and a normal place of North India. *Delhi Psychiatry Journal*, 15(1), 99-106.
96. Nitu Jain, **Nov Rattan Sharma** & Amrita Yadava (2012). Triguna Prakriti and Application. *Psyber News-An International Magazine of Psychological Research*,
97. Nitu Jain, **Nov Rattan Sharma** & Amrita Yadava (2012). Triguna Prakriti as a Correlate of Positive Health. *Journal of the Indian Academy of applied Psychology*, 38, (3) (special issue), 197-204.
98. Nitu Jain, **Nov Rattan Sharma** & Amrita Yadava (2012). Gender Differences in Trigunakmak Prakriti. *Indian Journal of Community Psychology*, 8(II), 414-420.
99. Kaveri Chauhan & **Nov Rattan Sharma** (2012). Psychological Capital (Pscap) in Relation to Employees' Wellness. *Journal of Indian Health Psychology*, 7(1), 123-134.
100. Amrita Yadav, Deepti Hooda & **Nov Rattan Sharma** (2012). Psychosocial Issues in Health and Illness. *Proceedings (ISBN: 978-81-92045-2-6) of National Seminar "Challenges*

in Combating Diseases: Cause to Cure”, Organised by Department of Zoology, Maharshi Dayanand University, Rohtak, 311-320.

101. Alka and **NovRattan Sharma** (2013). Study of Identity and Well-Being among Adoloscents. *Journal of Indian Health Psychology*, 7 (2), 113-123.
102. Deepti Hooda, **NovRattan Sharma** & Amrita Yadava (2013). Effect of Social Intelligence on Positive Living. *Journal of Positive Psychology*, 2 (1), 16-23.
103. Nitu Jain, **NovRattan Sharma** & Amrita Yadava (2013). Mental Health of Adolescent school girls in Relation to anger. In Aradhna Shukla (Ed.) *Psyche of Indian Women*, (pp-283-300) Concept Publishing company New Delhi.
104. Mamta and **NovRattan Sharma** (2013). Study of Anger expressions across Different study/Working Groups. *Darpan International Research Analysis*, (2), 1-8.
105. Mamta and **NovRattan Sharma** (2013). Across Gender Comparison in Anger Expression. *Darpan International Research Analysis*, (2), 47-53.
106. Mamta and **NovRattan Sharma** (2013). Resilance and Self efficacy as correlates of well-being among the elderly persons. *Journal of the Indian academy of Applied Psychology*, 39 (2), 281-288.
107. Mamta, **NovRattan Sharma** and Amrita Yadava. (2013). Positive Capacities as Indicators of Mental Health. In Amrita Yadava and NovRattan Sharma (Ed.) *Mental Health Risk and Resources*, (pp-21-43) New Delhi: Global Vision Publishing House.
108. Renu, **NovRattan Sharma** and Deepti Hooda. (2013). Interpersonal Relationship and Positive Health. In Amrita Yadava and NovRattan Sharma (Ed.) *Mental Health Risk and Resources*, (pp-45-65) New Delhi: Global Vision Publishing House.
109. Priyanka Kumari, **NovRattan Sharma** and Amrita Yadava. (2013). Body Image, Eating Disorders and Health Consciousness as Correlates of Well-being. In Amrita Yadava and NovRattan Sharma (Ed.) *Mental Health Risk and Resources*, (pp-87-110) New Delhi: Global Vision Publishing House.
110. Kaveri Chauhan, **NovRattan Sharma** and Amrita Yadava. (2013). Wellness and Positive Psychological capital. In Amrita Yadava and NovRattan Sharma (Ed.) *Mental Health Risk and Resources*, (pp-111-124) New Delhi: Global Vision Publishing House.

111. Suman Balhara, **NovRattan Sharma** and Amrita Yadava. (2013). Role of Emotional Processes in Cardio-Vascular health. In Amrita Yadava and NovRattan Sharma (Ed.) *Mental Health Risk and Resources*, (pp-157-169) New Delhi: Global Vision Publishing House.
112. Dharmender Kumar, **NovRattan Sharma**, Pradeep Kumar and Sheetal Nehra. (2013). Mindfulness Based Stress Reduction (MBSR) Program: An Overview. In Amrita Yadava and NovRattan Sharma (Ed.) *Mental Health Risk and Resources*, (pp-197-230) New Delhi: Global Vision Publishing House.
113. Dharmender Kumar, **NovRattan Sharma**, Pradeep Kumar and Sheetal Nehra. (2013). Cognitive Behavior Therapy: An Overview. An Overview. In Amrita Yadava and NovRattan Sharma (Ed.) *Mental Health Risk and Resources*, (pp-271-312) New Delhi: Global Vision Publishing House.
114. Arun Kumar, Amrita Yadava and **NovRattan Sharma** (2013). Mathematical Achievement and Choking on Mathematical Performance in relation to Mathematical Ability and Gender. *International Journal of Psychosocial Research*, (2), 3 -9.
115. Teenu Nandal, **NovRattan Sharma** and Amrita Yadava (2013). A correlation study of Religiosity and Health. *Journal of Indian Health Psychology*, (8), 1, 75-87.
116. Dharmender Kumar Nehra, **NovRattan Sharma**, Pradeep Kumar and Sheetal Nehra (2014). Efficacy of Mindfulness-based stress reduction programme in reducing perceived stress and health complaints in patients with coronary heart disease. *DYSPHRENIA*, (5), 1, 19-25.
117. Pooja, Amrita Yadava and **NovRattan Sharma** (2014). Cognitive functioning in relation to body mass index. *Journal Of Indian Academy of Psychology*, 40(2), 203-210.
118. Teenu, **NovRattan Sharma** and Amrita Yadava. (2014). Rituals and Holistic Health: A Correlational study. In Akbar Husain, Salma Kaneeg and Musaddiq Jahan(Ed.) *Studies in Spiritual Psychology* (pp148-165), New Delhi: Research India Press.
119. Kuldeep Singh,Raj Kumar,**NovRattan Sharma** and Dharmender Kumar Nehra (2014) Study Of Burden In Parents of Children with Mental Retardation, *Journal of Indian Health Psychology*, 8(2),13-20.
120. Priyanka Kumari, Pushpa Sharma and **NovRattan Sharma**. (2014). A study of anxiety and suicide ideation among students, *Stress Management Professional an International Journal*, 2(1), 1-9.

121. Mamta, **NovRattan Sharma** and Swati Singh. (2014). A study of anxiety and suicide ideation among students, *Stress Management Professional an International Journal*, 2(9), 49-54.
122. Priyanka Kumari and **Novrattan Sharma** (2014). Eating Disorders and Health Consciousness amongst Early Adolescents. *International Journal of Psychology and Education*, 1(9), 4-15.
123. Teenu, **NovRatten Sharma** and Amrita Yadava. (2014). Spirituality and Subjective Well being of working Adults- A Correlational Analysis. *International Journal of Psychological Research*, 3(2), 154-159.
124. Dharmender Kumar Nehra, **NovRattan Sharma** and Sheetal Nehra (2014). Comparative efficacy of stress inoculation training and mindfulness based stress reduction program on psychological distress factors and type-A-behavior pattern in CHD patients. *Stress Management Professional An International Journal*, 2(2), 11-28.
125. Sheetal, Amrita Yadava and **NovRattan Sharma** (2015). Significant predictors of reading in English among Hindi medium school students. *Journal of Indian Academy of Psychology*, 41(1), 37-45.
126. Nisha Malik, Amrita Yadava and **NovRattan Sharma** (2015). Impairment in Event Based Prospective Memory as a Function of Developmental Progression. *Journal of Indian Academy of Applied Psychology*, 41(3), Special Issue, 131-140.
127. Pallavi Raj and **Nov Rattan Sharma** (2015). Acceptance and Commitment Therapy (ACT): An Analytical Review. *The International Journal of Humanities & Social Studies*, 3(4), 186-190.
128. Teenu, **NovRattan Sharma**. (2015). Rituals and Subjective well Being: A Correlational Analysis. *International Journal of Multidisciplinary Research Review*, 1(3), 1-7.
129. Pallavi Raj and **Nov Rattan Sharma** (2015). Psychotherapeutic Management of OCD with Acceptance and Commitment Therapy (ACT). *The International Journal of Psychology and Education*, 2(8&9), 1-5.
130. Priyanka Kumari and **Novrattan Sharma** (2015). Impact of Emotional Intelligence on Health. *International Journal of Multidisciplinary Science and Research*, 1(10-11), 29-38.
131. Pankaj, **Nov Rattan Sharma** and Kavita Devi (2015). Study of Health and Wellbeing in Relation to Anger. *The International Journal of Psychology and Education*, 2(8&9), 48-55.

132. Suman Balhara and **NovRattan Sharma** (2015) Study of Positive and Negative Emotions in Healthy Controls and CVD Patients, *Journal of Indian Health Psychology*, 9(2), 103-112.

Participation / Paper presentation in Conference / Seminars / Workshops: 102

1. Participated in a Training Workshop organised by Institute of Social Sciences and sponsored by ICSSR at New Delhi from 1.3.93 to 19.3.93.
2. Participated and presented a research paper in the First National Convention of Psycho-Linguistic Association of India held at D.D. Girls P.G. College Firozabad (UP) on 25th and 26th March 1995.
3. Participated and presented a research paper in the National Symposium on “Recent Advances in Bio-sciences” conducted by Deptt. of Bio-sciences, M.D. University, Rohtak from 3.11.95 to 5.11.95.
4. Attended an orientation course in clinical Psychology conducted by Association of Clinical Psychologists at the All India Institute of Medical Sciences on 3rd day of February 1996.
5. Participated in a National conference on “Recent Trends in Human Resource Development” organised by Department of Psychology, Delhi University, Delhi from 13th Nov. to 15th Nov. 1996.
6. Participated in a Seminar on “Recent Advances in Psychodiagnostic Methods in clinical Psychology” conducted by the Association of clinical psychologists at A.I.I.M.S. New Delhi on 8th Feb. 1997.
7. Participated and presented a research paper in the 2nd Asian and 33rd IAAP Conference on “Developing Human Relations and Ethnic understanding” organised by Department of Psychology, Gurukul Kangri University, Haridwar from February 26-28,1997.
8. Participated in a National Seminar on “Psychology and National Development” organised by Deptt. Of Psychology, K.U. Kurukshetra from 21.12.97 to 22.12.97.
9. Participated and presented a paper in a National Conference on “Research in Clinical Psychology” at A.I.I.M.S., New Delhi from Feb. 2-5, 1998.
10. Participated and presented a paper in IX Annual Conference of National Academy of Psychologists at Defence Laboratory, Jodhpur on 3rd and 4th Oct. 1998.
11. Participated and presented three papers in 4th National Conference of Psycho-Linguistic

association of India (PLAI) at Ismail National P.G. College, Meerut on 24th and 25th Oct. 1998.

12. Participated in the Symposium on “International Humanitarian Law” organised by the Department of Law, M.D.U. Rohtak and the International Committee on Red Cross on 5.12.98.
13. Participated and presented three papers in a National Seminar on “Biological Bases of Behaviour” organised by CAS in Psychology, Utkal University, Bhubaneswar from 11.1.99 to 13.1.99.
14. Participated and presented a paper in a National Seminar on “Community Psychology” organised by Department of Psychology, A.P.S. University Rewa from 27.3.99 to 29.3.99.
15. Participated and presented a paper in a National Conference on “Behavioural Management” organised by Haryana Institute of Rural Development (HIRD) Nilokheri from 3.2.2000 to 5.2.2000.
16. Participated and presented a paper in an International Conference on “Human Resource, Development in this Millennium” organised by ‘AASTHA’ at Delhi University, Delhi from 18.2.2000 to 20.2.2000.
17. Participated and presented a paper in a Seminar organised by Department of Law, M.D.U. Rohtak on International Women Day (8.3.2000).
18. Participated and attended a workshop on “Environment” organised by Deptt. of Biosciences, M.D. University, Rohtak from 24.4.2000 to 27.4.2000.
19. Participated and presented a paper in a National conference on “Sports Psychology” organised by Gurukul Kangri University, Haridwar from 17.10.2000 to 19.10.2000.
20. Participated in a Seminar on “Guidance - Latest Tools and Techniques” organised by University Employment Information and Guidance Bureau on 28.11.2000.
21. Participated in a course on “Stress Management” at National Institute of Rural Development, Hyderabad (NIRD) from 21.3.2001 to 28.3.2001.
22. Participated and presented a paper in a National Seminar on “Indian Psychology: Past, Present and Future” at Kollam from 22.10.2001 - 24.10.2001.
23. Participated in a IMA / UNICEF organised workshop and acted in the panel discussion [as Panelist] on “Female Foeticide / Infanticide” at Ambala on 9.12.2001.
24. Participated and presented two papers in a Southeast Asia Regional Conference (SARC) on “Enhancing Human Potential” at Mumbai from 17.12.2001 - 20.12.2001.

25. Participated and presented a paper in an International Seminar on “Challenges Before Human Resource Development in the Millennium” at New Delhi organized by Aastha from 18.1.02 to 20.1.02.
26. Participated in a National Seminar on “Psychological Implications of new dimensions of technological development” at Vaish College, Bhiwani from 22.2.02 to 23.2.02.
27. Participated and presented a paper in UGC sponsored National Seminar on “Women and Human Rights” organised by Deptt. of Sociology, M.D. University, Rohtak from 5.3.02 to 6.3.02.
28. Participated and presented a paper in the ICSSR sponsored National Seminar on “Rural Development and Social Transformation” organised by Deptt. of Rural Development, M.D. University, Rohtak from 15.3.02 to 16.3.02.
29. Participated and presented two papers in an Inaugural Conference of IPS-NZ (Haryana Branch) on “Mental Health Reaching the Unreached” at Rohtak from 7.9.2002 to 8.9.2002.
30. Participated in a workshop on “Patent Awareness” organized by Department of Biosciences, M.D. University, Rohtak on 21.12.2002.
31. Participated and delivered a Presidential Address in a UGC sponsored National Seminar on the “Changing Dimensions in Commerce Education” organized by B.L.J.S.C., Tosham from 21-23 Feb. 2003.
32. Participated and presented two papers in a National Symposium on “Advances in Cognition” organized by T.I.E.T., Patiala from 28-30 March, 2003.
33. Participated in a National Seminar on “Organizational Effectiveness” organized by Amity Business School, Manesar, Gurgaon from 6-7 April, 2003.
34. Participated and presented a paper in a National Seminar on “Social Dimensions of Health” organized by Centre of Behavioural and Cognitive Sciences, university of Allahabad from April 10-12, 2003.
35. Participated and presented two papers in 7th International and 38th National Conference of IAAP organized by Department of Psychology, J.N.V. University, Jodhpur from 11.10.2003 to 13.10.2003.
36. Participated and presented a paper in a National Seminar on “Mental Health: Problems and Interventions” organized by Department of Psychology Gurukul Kangri University, Hardwar from 27.3.2004 to 28.3.2004.
37. Participated and presented a paper in a National Seminar on Social psychological problems of Youth organized by Govt. P.G. College Bahadurgarh from 22-12-04 to 23-12-04.

38. Participated in a UGC sponsored National workshop on Research Methods, organized by C.R. College of Education, Rohtak from 09-1-05 to 13-01-05.
39. Participated in one day workshop on Projective Indicators of well being in Somatic Inkblot Series (SIS) on 7.6.2005 organized by Department of Psychology, M.D. University, Rohtak .
40. Participated in a ICSSR sponsored National workshop on Research methods and multivariate analysis organised by Purvanchal University Jaunpur (UP) from 28-09-05 to 4-10-05.
41. Participated in a National Seminar on Promoting well being at Department of Psychology Osmania University, Hyderabad from 22.2.2006 to 24.2.2006.
42. Participated and presented a paper in a National Seminar on Psycho-physiology of well being at Department of Psychology, M.D. University, Rohtak from 28.3.2006 to 29.3.2006.
43. Participated and presented a paper in a National Conference on Emerging Paradigms in Psychology at DIPR, DRDO, Delhi from 22-9-06 to 24-9-06.
44. Participated and presented a paper in a UGC sponsored National Seminar on enhancing educational opportunities for economic empowerment of women at Government College for Women Parade, Jammu from 24-11-06 to 25-11-06.
45. Participated in a National Seminar on The Relevance of Mahatama Buddha's Religion and Philosophy in the present scenario on 22-3-07 organised by Students Welfare Department of M.D. University, Rohtak and Haryana Sahitya Academy, Chandigarh.
46. Participated in a Seminar on Declining Sex Ratio: Problems and Challenges organized by Institute of Developmental Studies, M.D. University, Rohtak on 25-3-07.
47. Participated in a one day workshop on Projective Technique organized in Department of Psychology, M.D. University, Rohtak on 31-3-07.
48. Participated and presented a paper in a National Seminar on 'Science and Spirituality in Indian context on 9th and 10th Aug. 2007 organized by Panjab University Chandigarh.
49. Participated in National Seminar on 'Positive Perspective of Health and Behavior' on 1th and 2th Feb. 2008 organized by Maharshi Dayanand University, Rohtak.
50. Participated and presented a paper in International conference on "Challenges of Applied psychology for social Transformation" at Kolkata, 7th to 9th Feb, 2008 organized by IAAP.
51. Participated in National Seminar on 'Community Mental Health: Issues and Challenges.' on 15th and 16th Feb. 2008 organized by, Department of Psychology, Kurukshetra University, kurukshetra.
52. Participated and presented a paper in National Conference on "Health Psychology: Parallel

Themes and Potential Synergies” at Hisar, 22nd to 23rd Feb, 2008 organized by, Department of Applied Psychology, GJ University.

53. Participated in National Conference on ‘Behavior Modification Skills for Teachers of Higher Education” on 8th and 9th Aug. 2008 as resource person, organized by Academic staff college, Manasagangotri, Mysore.
54. Participated, presented a paper and chaired a scientific session in the International Conference of the Indian Academy of Applied Psychology on 30th, 31st Jan. and 1st Feb. 2009 organized by Department of Psychology, Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
55. Participated, presented a paper and chaired the technical session in National Seminar on “Parenting of Adolescents- Trend and Role in Modern Era” at Chandigarh on 4th March, 2009, organized by Department of Psychology, Govt. College, Sector-46, Chandigarh.
56. Participated in national seminar on mental Health and Current Scenario on 20th & 21st March 2009 as Chairperson, organized by Department of Psychology, Gurukul Kangri University, Haridwar (Uttarakhand).
57. Participated and presented two papers in National Conference on “Mental Health in Work Setting” at Hyderabad on 23rd and 24th October, 2009, organized by Department of Psychology, Osmania University, Hyderabad
58. Participated and presented a paper entitled ‘Positive Psychology and Health’ in a workshop on Latest development in Positive Psychology organized by Department of HSS, IIT, Delhi on 15-1-10.
59. Participated and presented a key note address on “Positive Psychology Current Trends and Application” in the inaugural function of a National Seminar Organised by Dept. of Psychology B.L.J.S. College Tosham from 22-1-10 to 23-1-10
60. Participated in a workshop on “Experiential Training and Development” on 11.2.2010, organized by Department of Psychology, M.D.University, Rohatk
61. Participated in International Conference of the Indian Academy of Applied Psychology from 18th to 20th Feb. 2010, presented a paper and chaired a technical session at Department of Psychology and Parapsychology, Andhra University, Visakhapatnam.
62. Participated in 46th National and 15th International Conference of the Indian Academy of Applied Psychology from 4th to 6th Feb. 2011 presented a paper on “Role of Positive Thinking in Optimizing Human Potentials” and chaired a technical session at DOS in Psychology, Mysore University, Mysore.
63. Participated and presented an invited special lecture entitled ‘Environment Health: from

Assessment to Action ' in a U.G.C. Sponsored National Seminar from March 10-12, 2011 organized by Department of Psychology, B.L.J.S. P.G. College, Tosham.

64. Participated and presented a Paper entitled 'A Study of Type a Behavior Pattern among Diseased and Normal Healthy Group' in a National Seminar from March 26-27, 2011 organized by Department of Psychology, M.D.University, Rohtak.
65. Participated in a one day experiential workshop on Combating Stress organized by Department of Psychology, M.D. University, Rohtak on 9.4.11.
66. Participated, presented two papers and Chaired a Session in a one day QIP workshop on Positive Psychology & Socio cultural Issues organized by Department of HSS, IIT, Delhi on 27.4.11
67. Participated and presented a Paper entitled 'Indian Philosophy Leads modern world Psychology' in a National Seminar on 8/10/11 organized by Sanatan Dharma College (Lahore) Ambala
68. Participated in a panel discussion on " Health Psychology and Rehabilitation: Issues and Challenges" as panelist and Chaired a Technical Session (XV) in Indian Psychological Science Congress -2011, Organized by Dept. of Psychology, P.G. Govt. College, Sector-46, Chandigarh on 12/10/2011 to 13-10-2011.
69. Participated, Chaired a Session and Presented a paper entitled "Positive Youth Development" in the First InSPA National Conference organized at J.N.V. University, Jodhpur from 26-28 November, 2011.
70. Conducted a workshop on "Life Skills on Positive Youth Development" in Vaish Girls Sr. Sec. School, Charkhi Dadri on 3/12/2011.
71. Participated and delivered a key Note address in a National Conference on "Ego Virtues and Community Mental health" organized by Dept. of Psychology, Govt. D.B. Girls Post Graduate College, Raipur (Chhattisgarh), from 4/1/12 to 5/1/12.
72. Participated and presented a paper in the National seminar on "Women Society and State" organized by Women's Studies Centre, M.D. University Rohtak., from 9th to 10th Feb, 2012.
73. Participated and delivered a special lecture in the National seminar organized by CIRD, B.L.J.S.P.G. College, Tosham on "Planning and Management of Higher Education Institutions" from 23rd to 25th Feb, 2012.
74. Participated in panel Discussion on " Work without harassment-Right of Women" organized by SCSHVW, M.D. University, Rohtak., on 20th March, 2012
75. Participated in one day workshop on "Enhancing Success and Flourishing in Women"

organized by Women's Studies Centre, M.D. University Rohtak., on 27th March, 2012.

76. Participated in one day workshop on "Hypnosis" organized by Dept. of Psychology, M.D.University Rohtak., on 28th March, 2012.
77. Participated in the 47th National & 16th International Conference of the Indian Academy of applied Psychology (IAAP) & Chaired a scientific Session on *Knowledge Management and Cognitive Abilities* during the conference (15th- 17th June, 2012) Organized by Toc H Institute of Science & Technology (TIST) Arakkunnam, Ernakulam District, Kerala, India.
78. Participated in Workshop on "Promoting Community Health and Well-Being: Sharing Field Research and Experiences" organized by Dept. of Psychology, M.D.University Rohtak., on 15 & 16 September, 2012.
79. Participated and Chaired a technical session in 2nd Indian Psychological Science Congress on "Psychology Well-Being: Building Bridges for Tomorrow" organized by department of psychology, P.G. Govt. College, Chandigarh, under NAPS, on 5-6 October, 2012.
80. Participated and presented a paper in a Symposium on "Working Together for a Common Cause" in the XXII Annual convention of National Academy of Psychology (NAOP) organized by the department of psychology, Christ University, from 10 to 12 December, 2012.
81. Participated in a Panel Discussion as panelist "Psychology in India: The Road Ahead" Organized during 39th National Annual Conference of the Indian Association of Clinical Psychologists, AIIMS- New Delhi, from 18-02-2013 to 20-02-2013.
82. Participated, presented papers and chaired the scientific Session in National Seminar on "Aging Workforce is a resource we can no Longer effort to Waste" organized by Department of Psychology (Applied Psychology Unit) University of Delhi, South campus New Delhi from 01-03-2013 to 02-03-2013.
83. Delivered an Invited Lecture on the topic "Health Education" in a One Day Workshop Organized by WSC, M.D. University, Rohtak on 16-03-2013
84. Delivered an Invited Lecture on the topic "Science Spirituality: Pathway of Self Realization in a National Seminar at Department of Psychology, A.M.University, Aligarh on 24-03-2013.
85. Delivered an Invited Lecture on the topic "Self, Identity and Well-Being" in a National Seminar at Department of Psychology, Kumaun University, Campus Almora on 06-04-2013.
86. Participated, chaired a session (Mental Health and Development) and Delivered a special Lecture on the topic "Community Health: Enabling People and Institutions" in a Symposium during the 48th National and 17th International Conference at Department of Studies and Research in Psychology, Karnatak University, Dharwad, from 22-5-13 to 24-5-13.

87. Participated, presented two papers entitled “Psycho-physiological indices in relation to body mass index” and “Obesity and Health related issues” and chaired the scientific Session “Stress and Coping” in National Seminar on “Obesity: Contemporary Issues and Challenges” on 6th and 7th August, 2013 organized by Centre for Health Psychology, University of Hyderabad, Hyderabad.
88. Participated in a Symposium on Health and Illness: Concepts issues Practices and Policy organized by Department of HSS, IIT Kanpur on 11-11-2013 and Presented a paper on Community Health: Issues and Challenges.
89. Participated as Resource Person in a National Conference on stress Management Professional on 8th and 9th, Nov. 2013 organized by International Stress Management Association, Hyderabad.
90. Presented a Keynote address on *Positive Self Capacities and Health* and chaired a session in the 2nd International conference on “Recent Advances in Cognition and Health” from 23-1-14 to 25-1-14 organized by SAP- DRS-I Dept. of Psychology, B.H. University, Varanasi.
91. Participated, Presented a research paper on *Health and psychological Well-Being* and chaired a session in The Golden Jubilee National seminar on “Health Psychology: Indian Perspective” on 1-2-14 to 3-2-14. Organized by SOS in Psychology, Pt. R.S.S. university, Raipur.
92. Participated and Chaired a scientific session at the 49th National & 18th International Conference on Psychology for Holistic Living in Global world from 1st – 3rd March,2014 organized by Indian Academy of Indian Academy of Applied Psychology at GLS, Ahmedabad.
93. Participated and Presented two papers entitled “Transformation of Physical and Psychological Territories” & “changing role of women in India: Impact on Marital Relationship” and chaired a session scientific session in “National Seminar on Social Change in Contemporary India: Psychological Dimensions and Social Response from 21th to 22nd March, 2014 organized by Sri Aurobindo College (Evening) University of Delhi.
94. Presented a key note address “*Transforming New Generation Through Community*” in a National Seminar on Community and New generation on 24-25 March 2014 organized by Department of Psychology, B.L.J.S. P.G. College, Tosham.
95. Presented a paper on *Work Enviornment and Productivity* in the National Conference on “Cotemporary Management Practices: Opportunities and Challenges” from 17th to 19th April, 2014 organized by Rukmani Devi Institute of Advanced Studies, Delhi-NCR.
96. Participated in a three days International conference on Stress Management Professional (ICSMP 2014) as Resource person conducted from 6th to 8th November, 2014 by

International Stress Management Association at ni-msme, Hyderabad.

97. Participation and presentation at the “National Seminar on Health & Well Being” on 12-13 November, 2014 organized by Department of Psychology, Jamia Millia Islamia, New Delhi.
98. Participated, chaired a Scientific Session and delivered an invited lecture entitled “Personality and Well Being” in the International conference on Well Being and Human Development during 24th to 26th November, 2014 at Aligarh Muslim University, Aligarh, India
99. Participated, chaired a Session and delivered a special lecture entitled “Optimizing Role of Community Psychology in Achieving Positive Health” in the National conference of CPAI during 19th to 20th December, 2014 at University of Lucknow, Lucknow
100. Participated, chaired a Session and organized a symposium entitled “Science, Spirituality and Human Excellence” in the 50th National and International conference of IAAP from 23rd to 25th January, 2015 at SPW College, Tirupati, Andhra Pradesh, India
101. Participated and chaired a Plenary Session entitled “Positive Schooling” in the 16th National conference on Psychology for Safe Schools and Healthy Students from 14th to 15th February, 2015 organized by the Pondicherry Psychology Association (PPA) with the collaboration of Indian School Psychology Association (InSPA) & Indian Academy of Applied Psychology (IAAP) at Blessed Mother Teresa Model Higher Secondary School, Puducherry.
102. Participated in three day Psychological Assessment Camp organized by the centre of Positive health, Department of Psychology conducted from 22nd to 24th February, 2015 during the *Phagan Mela-2015: Inter-Zonal University Level Folk Festival* at M. D. University of Rohtak, Rohtak.

Major Activities (Conference/Seminar/Workshop) Organized

1. National seminar on “Environmental Psychology” from 24-26 October, 1997.
2. Panel discussion on “Promoting Well being: Challenges in the new Millennium” on 19.2.2002.
3. National seminar on “Individual Differences and Behaviour” from Oct. 11-12, 2002.
4. A Demonstration and Workshop on “Hypnosis: As a therapeutic technique” on 19.11.2002.
5. A Workshop with Practical Solutions on “Stress Management” on 17.12.2002.
6. Celebrations of “Positive Health Week” from 8th Feb. to 17th Feb. 2003.

7. A state level one day orientation course on “Research Methodology” for college teachers in Psychology on 14.2.2003.
8. Panel discussion on “Gender discrimination causes, implications and intervention” on 8.3.2003.
9. A state level one day workshop on “Course Curriculum Development” in Psychology on 17.1.2004.
10. ICSSR sponsored seminar on “Substance abuse/misuse in North-Western region of India: Causes, Consequences and Remedies” on 31.1.2004.
11. International Conference of IAAP on “Positive health and well being” from 15.7.2004 to 17.7.2004.
12. Psychological assessment camp at different schools, public places and in the department at least one in each session.
13. Workshop on “Health Through yoga” was organized for the students and staff of the department in two academic years (2002-03 & 2003-04) in the beginning of new sessions.
14. National seminar on Health Psychology: Retrospect and Prospects from 29-03-05 to 30-03-05.
15. National Seminar on Psycho physiology of well being from 28.3.2006 to 29.3.2006.
16. National Seminar on Positive Perspectives of Health and Behaviour from Feb, 1-2, 2008.
17. National Seminar on Positive Psychology and Health: Interventions and Strategies from March, 28-29, 2010
18. National seminar on Community Health Psychology: Research and Applications from March 26-27, 2011.

Books published

1. Psychology of Individual Differences. (2004). Wisdom Publications. 81-902068-3-4. Eds. Rajbir singh, Amrita Yadava & **Nov Rattan Sharma**.
2. Health Psychology. (2005). Global Vision Publishing House Delhi. 81-8220-109-8. Eds. Rajbir singh, Amrita Yadava & **Nov Rattan Sharma**.
3. Positive Health Psychology. (2007). Global Vision Publishing House Delhi. 81-8220-195-0. Eds. Amrita Yadava & **Nov Rattan Sharma**.
4. Understanding Women Behaviour. (2007). Global Vision Publishing House Delhi. 81-8220-201-9. Eds. Amrita Yadava, Sushma Sharma & **Nov Rattan Sharma**.

5. Counseling Theory, Research and Practice. (2008).Global Vision Publishing House Delhi. 978-81-8220-211-5. Eds. **Nov Rattan Sharma**, Ashok K.Kalia & Akbar Husain.
6. Psychology of Education. (2008).Global Vision Publishing House Delhi. 978-81-8220-212-2. Eds. **Nov Rattan Sharma**, Ashok K.Kalia & Amrita Yadava.
7. Business Psychology. (2010).Global Vision Publishing House Delhi. 978-81-8220-311-2. Eds. **Nov Rattan Sharma & Amrita Yadava**.
8. Bio-Psycho Social Issues in Positive Health. (2012).Global Vision Publishing House Delhi. 978-81-8220-491-1. Eds. Amrita Yadava, Deepti Hooda & **Nov Rattan Sharma**.
9. Mental Health: Risks and Resources. (2013).Global Vision Publishing House Delhi. 978-81-8220-582-6. Eds. Deepti Hooda & **Nov Rattan Sharma**.
10. Suicide: Attitude and Prevention. (2013).Global Vision Publishing House Delhi. 978-81-8220-583-3. Eds. Amrita Yadava & **Nov Rattan Sharma**.

Ph.Ds awarded

1. "Effect of Benzodiazepines on Memory". Parma Nand Sherma/ Prof. Nov Rattan Sharma (1999)
2. "Intelligence, Personality and Information Processing". Poonam Tayal/ Prof. Nov Rattan Sharma (2002)
3. "Personality Correlates of Well- Being". Ashok Sharma/ Prof. Nov Rattan Sharma (2002)
4. "Emotional Intelligence: An Investigation Of Construct Independence From Personality And Social Intelligence". Attar Singh Kajal/ Prof. Nov Rattan Sharma (2002)
5. "A Profile Analysis of Need Patterns Across Life Span". Sonu Joshi/ Prof. Nov Rattan Sharma (2002)
6. "Intelligence As A Correlates Of Positive Health". Deepti Hooda/ Prof. Nov Rattan Sharma (2007)
7. "Triguna Prakriti and Health". Nitu Jain/ Prof. Nov Rattan Sharma (2011)
8. "Psycho-Social Factors Underlying Cardiovascular Diseases". Anil Kumar/ Prof. Nov Rattan Sharma (2008)
9. "Effect Of Vipassana Medication On Health". Nguyen Thi Tuyet/ Prof. Nov Rattan Sharma (2008)
10. "Type A Behavior Pattern And Lifestyle Amongst Hypertensive, Diabetics And Asthmetics A Comparative Study". Suman Sangwan/ Prof. Nov Rattan Sharma (2009)
11. "Anasakti, Karmayoga and Spirituality as Correlates of Positive Health of Working and Retired Person". Madhulika Sharma/ Prof. Nov Rattan Sharma (2010)
12. "Comparative Efficacy of CBT And MBSR Program On Psycho-Physiological Parameters". Dharmenser/ Prof. Nov Rattan Sharma (2010)

13. "Effect Of Siblings Training Programme On The Behavioral Problems Of Children With Mental Retardation". Hans Raj Dhall/ Prof. Nov Rattan Sharma (2010)
14. "Roll Of Personality Traits In Training Illness: Homoeopathic And Psychological Perspective". Anil Kumar Sharma/ Prof. Nov Rattan Sharma (2010)
15. "Rituals, Religiosity and Spirituality as Correlate of Health". Teenu Nandal/ Prof. Nov Rattan Sharma (2011)
16. "Assessment and Management of Adolescents Anger". Mrs Pankaj/ Prof Nov Ratten Sharma (2012).
17. "Positive Psychological Capital and Employee's Wellness". Kaveri Chauhan/ Prof. Nov Ratten Sharma (2013).
18. "Positive Capacities as Correlates of Health and Wellness: A Comparative Study of Working and Retired Persons". Mamta/ Prof. Nov Ratten Sharma (2013).
19. "Identity Formation, Health Practices and Well-Being among Adolescents". Alka/ Prof. Nov Rattan Sharma (2014)
20. "Role of Emotional Processes in Cardiovascular Diseases" Suman Balhara / Prof. **NovRattan Sharma** (2015)

Awards/ recognition:

1. **Prof. (Mrs.) Manju Thakur Memorial award** on 6th February, 2011 at University of Mysore, Mysore.
2. **Prof. Mrs. Anima Sen- IAAP Memorial Award** presented on the occasion of 24th May, 2013 at Karnatak University, Dharwad.
3. **IAAP – PPA Best Psychologist Award — 2014** presented on the occasion of 16th National Conference at Puducherry.
4. **Ugadi Puraskaram State Award -----2015** presented by Abhaya Society for Psychological Interest & Rehabilitative Education ,Vizianagaram in recognition of outstanding accomplishments and contributions of *Teaching , Research in the field of Psychology* on 21.3.20015.
5. **Best Citizen of India Gold Medal Award** presented by Global Economic Progress and Research Association (GEPR) on the occasion of 26th National seminar on *Individual Achievement & National Development*.

Refresher/ Orientation/ Training courses

1. Participated in the Orientation Course organized by the Academic Staff College at Kurukshetra University under the UGC scheme from April 21st to May 18th, 1992.
2. Participated in three weeks Refresher Course in “Statistics and Applications for teachers” organized by the Department of Statistics, M. D. University, Rohtak from 11th October to 31st October, 1994.
3. Participated in “Sixth Refresher Programme in Psychology for College and University Teachers” organized by Academic Staff College, University of Allahabad from 12.12.1995 to 04-01-1996.
4. Participated in Refresher Programme in Psychology for College and University Teachers” organized by Academic Staff College, J.N.V. University, Jodhpur from 6.12.1999 to 26-12-1999.
5. Participated in “Sixth Refresher Programme on Criminology & Forensic Science” sponsored by University Grants Commission organized by National Institute of Criminology & Forensic Science , Ministry of Home Affairs, Government of India from 1-11-2000 to 21-11-2000.

Membership of Academic/Professional Bodies=13

1. Community Psychology Association of India.
2. Haryana Psychological Association.
3. Indian Association of Mental Health.
4. Indian Psychiatric Society (NZ) Haryana Branch.

5. Indian Psychological Association.
6. Indian School Psychology Association.
7. International Stress Management Association.
8. Praachi Psycho-Cultural Research Associates.
9. The Indian academy of Applied Psychology.
10. The Indian Science of Psychological Association.
11. The Madras Psychology Society.
12. Global Economic Progress & Research Association.
13. International Society for the Study of Behavioural Development

NOVRATTAN SHARMA