

## Individual Faculty Profile

Name – Dr. Arunima

Designation – Professor

Department – Psychology

M.D.U Rohtak



### Publications

#### I. Books

- a) Authored – **Arunima** and Gupta, R (1994) Aggression in School children: Factors and disciplinary guidelines. New Delhi: Deep and Deep Publications.

#### II. Research Papers

1. Pershad, D., **Mahajan, Arunima.**, & Verma, S.K. (1988). Bhatia's short scale of intelligence- A suggested modification for adults. *Personality Study and Group Behaviour*, 8, 1, 43-48.
2. Pershad, D., **Mahajan, Arunima.**, & Verma, S.K. (1988). Validation of BSB-R in adult psychiatric patients. *Journal of Personality and Clinical Studies*, 4, 2, 223-226.
3. **Mahajan, Arunima.**, Pershad, D., & Verma, S.K. (1988). Influence of age, education and sex on performance tests of intelligence for adults. *Indian Journal of Psychometry and Education*, 19, 2, 65-71.
4. Verma, S.K., Pershad, D., & **Mahajan, Arunima.** (1988). Cross-validation of Hindi PEN inventory on psychiatric patients. *Journal of the Indian Academy of Applied Psychology*, 14, 2, 9-11.
5. Verma, A., **Mahajan, Arunima.**, & Verma, S.K. (1988). Some exercises with the Learned Helplessness Scale (LH/Scale) in Hindi. *Indian Journal of Psychiatry*, 30, 4, 333-338.

6. Pershad, D., Kohli, A., Verma, S.K., & **Mahajan, Arunima.** (1989). Self- estimation of intelligence and its personality correlates. *Journal of Psychometry*, 2, 1, 20-25.
7. Verma, A., **Mahajan, Arunima.,** & Verma, S.K. (1989). A correlational study of two well-being scales. *Journal of Personality & Clinical Studies*, 5, 1, 93-95.
8. Gupta, R., **Mahajan, Arunima.,** & Pershad, D. (1989). Differential diagnosis: Is psychological testing useful? *Indian Journal of Psychological Medicine*, 12, 1, 21-26.
9. **Mahajan, Arunima.,** Pershad, D., & Verma, S.K. (1990). Personality trait inventory: An evaluation. *Journal of Personality and Clinical Studies*, 6 ,1, 134-138.
10. Verma, S.K., Pershad, D., & **Mahajan, Arunima.** (1990). Hindi translation of Personality Trait Inventory. *The Creative Psychologist*, 2, 1, 23-26.
  
11. **Mahajan, Arunima.,** Pershad, D., & Verma, S.K. (1991). Influence of age, education & sex on Standard Progressive Matrices. *Journal of Psychometry*, 4, 1, 5-10.
  
12. Arya, D.K., Avasthi, A.K., Verma, S.K., & **Mahajan,Arunima.** (1992). Defense styles in postgraduates from different medical specialties. *Indian Journal of Social Psychiatry*, 8, 1&2, 48-51.
  
13. Arya,D.K., Avasthi, A.K., Verma, S.K., **Mahajan, Arunima.,** & Kaur,R. (1993). Defense styles and choice of nursing career among women. *The Nursing Journal of India*, 84, 2, 26-29.
  
14. Gupta, R., Vohra, A.K., **Gupta, Arunima.,** & Singla, S.L. (2002). A study of hostility, career choice and job satisfaction among surgeons. *Medical Journal of Armed Forces of India*, 58, 210-213.
  
15. Gupta, R., Sindhu, B., & **Gupta, Arunima.** (2002). Counselling in cancer patients. *Radiation Oncology*, 2, 1, 40-41.
  
16. Dhull, A.K., Gupta R., **Gupta, Arunima.,** & Kaushal, V. (2008). Obesity and cancer. *Radiation Oncology*, 8, 1, 25- 35.

17. Gupta, R., **Gupta, Arunima.**, & Dhatarwal, S.K. (2010). Disability: Definition, discrimination and distribution of benefits: Concerns of the state of Haryana. *Haryana Medical Journal*, 29, 1, 17 – 24.
18. **Gupta, Arunima.**, & Gupta, R. (2010). Definition of disability: A cross cultural perspective. *Diviner: A Research Journal of Humanities and Social Sciences*, 7, 1, 79-86.
19. **Gupta, Arunima.**, & Gupta, R. (2010). Cancer Phobia. *Radiation Oncology*, 10, 1, 33-35.
20. **Gupta, Arunima.**, & Kohli, S. (2011). Adjustment patterns and anxiety in community-dwelling elderly: Exploring the gender differences. *Journal of Mental Health and Human Behaviour*, 16, 1, 29-32.
21. Kohli, S., & **Gupta, Arunima.** (2011). Quality of life of single/ dual earners: Socio-environmental influence. *Indian Journal of Positive Psychology*, 2, 3-4, 310-312.
22. Kohli, S., & **Gupta, Arunima.** (2011). Economic independence as a determinant of well being and self esteem amongst women. *RMS Journal of Management and IT, Special*, 178-184.
23. **Gupta, Arunima.**, Midha, P., & Malik, S. (2012). Attitude towards medication adherence in chronic patients: Need for psycho-education. *Indian Journal of Health and Well being*, 3, 1, 80-84.
24. Gupta, R., & **Gupta, Arunima.** (2012). Crisis and violence intervention. In B.S. Chavan., N. Gupta., P. Arun., A. Sidana., & S. Jadhav (eds.), *Community Mental Health in India* (pp251-254). New Dehli: Jaypee Bros.
25. **Gupta, Arunima.**, & Suman. (2012). Occupational stress and life satisfaction amongst police personnel: A comparative study. *Indian Journal of Psychology & Education*, 2, 2, 49-55.
26. **Gupta, Arunima.**, & Kohli, S. (2012). Medicalization: A growing menace. *Delhi Psychiatry Journal*, 15, 2, 255-259.
27. Kumar, K., **Gupta, Arunima.**, & Gupta, R. (2012). Mental illness in India: A cinematographical review. *Journal of Mental Health and Human Behaviour*, 17, 2, 95-100.
28. Malik, A., **Gupta, Arunima.**, & Kohli, S. (2013). Efficacy of Sudarshan kriya yoga in enhancing comprehensive well- being. *Indian Journal of Health and Well being*, 4, 1, 444- 447.

29. **Gupta, Arunima.**, and Kohli, S. (2013). Impact of environment on emotionality and confidence of females. *AITEA International Journal of Education & Humanities*, 3, 5, 21-29.
30. Kohli, S., and **Gupta, Arunima.** (2013). Self- esteem, academic anxiety and insecurity amongst adolescents: Exploring gender differences. *Indian Journal of Health and Well being*, 4, 4, Part- IV, 776- 779.
31. **Gupta, Arunima.**, Bhatia, A. and Singh, B. (2013). Emotional intelligence, self concept and well being amongst adolescents: A comparative study. *Maharshi Dayanand University Research Journal (Arts)*, 12, 1, 75- 83, April.
32. Dogra, R., Kumar, K. and **Gupta, Arunima.** (2013). Mental health in children: An overview. *Dysphrenia*, 4, 2, 113- 122.
33. **Gupta, Arunima** and Sharma, R. (2013). Burden and coping of caregivers of physical and mental illnesses. *Delhi Psychiatric Journal*, 16, 2, 367- 374, October.
34. **Gupta, Arunima** and Malik, A. (2013). Sudarshan Kriya Yoga (SKY) as an adjunctive treatment in mental disorders: The magic unfolds. *Dysphrenia*, 5, 1, 56- 61, January-June.
35. **Gupta, Arunima.**, Kohli, S., Malik, A., and Gahlawat, S. (2014). The relationship of school environment with temperament and aggression. *Journal of Rural and Community Psychiatry*, 1, 1, 32- 39, January- June.
36. Malik, A., Kohli, S., Batra, P., and **Gupta, Arunima.** (2014). Does family structure have an impact on mental health of adolescents? *Journal of Rural and Community Psychiatry*, 1, 1, 47- 54, Jan- June.
37. **Gupta, A.**, Luthra, N., and Gahlawat, S. (2014). Temperament style and aggression among adolescents: A gender based study. *Anweshan Journal of Education*, 3-4, 2&1, Dec- June, ISSN: 2249- 3794.
38. Gupta, R., and **Gupta, A.** (2014). Mental illness in parents and child abuse: An alarming problem. *NMO Journal for Doctors and Medical/ Dental Student*, 8, 3, 32- 38, Sep- Dec.
39. **Gupta, A.**, and Gupta, R. (2014). Occupational stress and quality of life: A cross-sectional study in Indian army personnel. *Journal of Rural and Community Psychiatry*, 1, 2, 49- 55, July- Dec, ISSN: 2348- 3474.
40. **Arunima.**, & Nirupma. (2014). Marital adjustment, subjective well being and self-esteem of working and non working women: A comparative study. *Maharshi Dayanand University Research Journal (Arts)*, 13, 2, 99- 106, October.
41. **Gupta, A.**, and Gupta, R. (2015). Impact of seniority on job stress and quality of life in military personnel. *Journal of Rural and Community Psychiatry*, 2, 3, 26- 34, Jan- Jun, ISSN: 2348- 3474.

42. **Gupta, A.**, and Bhoomika. (2015). Academic dishonesty: An alarming problem in higher education. *Indian Journal of Psychology and Education*, 5, 2, 104- 110, July, ISSN: 2231-1432.

#### **Published in Academic Journals other than Refereed/Peer Reviewed Journals**

43. Verma, A., **Mahajan, Arunima.**, & Verma, S.K. (1988). Learned helplessness scale: Comparison of three scoring methods. *Manodharpan*, 4, 1 & 2, 103-108.
44. Verma, S.K., Verma, A., & **Mahajan, Arunima.** (1989). Quality of life in university students. *The Mind*, 15, 3, 15-20.
45. **Arunima.**, Pershad, D., & Verma, S.K. (1990). Validity of Hindi shortened version of P.T.I. *The Mind*, 16, 2, 14-18.

#### **Published in National Conference/Seminar proceedings**

1. Gupta, R., & **Gupta, Arunima.**, (1999). Ageing of the aged-the challenge of the new millennium. Souvenir, XXIV Annual Conference of Indian Psychiatric Society-NZ, 25-29.
2. **Gupta, Arunima.**, & Gupta, R. (2003). Brief psychotherapy: Relevance in present scenario. Souvenir, 2<sup>nd</sup> Annual Conference of IPS-NZ, Haryana Branch, 12-17.
3. **Gupta, Arunima.**, & Anand, M. (2003). National character: Indian vs. Western- A need to study group character. Souvenir, 2<sup>nd</sup> Annual Conference of IPS-NZ, Haryana Branch, 21 – 24.

#### **Other Publications**

##### **Book reviews –**

1. Review of Sharma, A. (2009) “Global Encyclopaedia of Clinical Psychology” published in *Journal of Indian Health Psychology*, 3, 2, Global Vision Publishing House, New Delhi.
2. Review of “Psychology and Health Promotion”(Ed). Prof. Radhey Shyam & Prof. Khan, 2011 published in *Indian Journal of Psychology and Education*, 1, 2, A Publication of Intellectual Foundation, Rohtak.

##### **Conferences/ Seminars/ Workshops/ Symposium attended:**

- Attended 2<sup>nd</sup> Annual Conference of Indian Association for Social Psychiatry organized by Dept. of Psychiatry PGIMER, Chandigarh from 6<sup>th</sup>- 8<sup>th</sup> March, 1986.

- Attended National Workshop on “Child Mental Health: Needs & Priorities” organized by Dept. of Psychiatry PGIMER, Chandigarh from 25<sup>th</sup>- 26<sup>th</sup> Nov, 1988.
- Attended 42<sup>nd</sup> Annual Conference of Indian Psychiatric Society (IPS) organized by Dept. of Psychiatry, PGIMER, Chandigarh from 4<sup>th</sup>- 7<sup>th</sup> March, 1990.
- Attended Mid- term CME of IPS- NZ on “Management of Depression” organized by Dept. of Psychiatry, PGIMS, Rohtak on 28<sup>th</sup> July, 1996.
- Attended a National Seminar on “Psychology and National Development” organized by Dept. of Psychology, K.U. Kurukshetra from 21<sup>st</sup>- 22<sup>nd</sup> Dec, 1997.
- Attended XXIV Annual Conference of IPS- NZ organized by Dept. of Psychiatry, PGIMS, Rohtak from 13<sup>th</sup>- 14<sup>th</sup> Nov, 1999.
- Attended Mid- term CME of IPS- NZ organized by Dept. of Psychiatry, Indira Gandhi Medical College, Shimla on 21<sup>st</sup> May, 2000.
- Attended 26<sup>th</sup> Annual Conference of IPS- NZ and 17<sup>th</sup> Annual Conference of IPS, Rajasthan State Branch organized by Dept. of Psychiatry S.P. Medical College, Bikaner from 13<sup>th</sup>- 14<sup>th</sup> Oct, 2001.
- Attended Inaugural Conference of IPS- NZ, Haryana Branch organized by Dept. of Psychiatry, PGIMS, Rohtak from 7<sup>th</sup>- 8<sup>th</sup> Sep, 2002.
- Attended National Seminar and 6<sup>th</sup> National Conference of Praachi Psycho- Cultural Research Association on “Individual Differences and Behaviour” organized by Dept. of Psychology, M.D. University, Rohtak from 11<sup>th</sup>- 12<sup>th</sup> Oct, 2002 and **presented a paper** entitled “ **National Character: Indian vs western- Need to study group character**”.
- Attended 27<sup>th</sup> Annual Conference of IPS- NZ organized by Dept. of Psychiatry, Govt. Medical College & Hospital, Chandigarh from 19<sup>th</sup>- 20<sup>th</sup> Oct, 2002.
- Attended One day Orientation Programme for Psychology Teachers organized by Dept. of Psychology, M.D. University, Rohtak on 14<sup>th</sup> Feb, 2003.
- Attended 3<sup>rd</sup> North India Postgraduate Development Programme in Psychiatry organized by Dept. of Psychiatry, PGIMS, Rohtak at Gurgaon from 12<sup>th</sup>- 13<sup>th</sup> April, 2003.
- Attended 1<sup>st</sup> Mid- term CME of IPS- NZ, Haryana Branch on “ Psychological Problems of Childhood” at Sirsa on 27<sup>th</sup> April, 2003.
- Attended 2<sup>nd</sup> Annual Conference of IPS- NZ, Haryana Branch at Hisar from 20<sup>th</sup>- 21<sup>st</sup> Dec, 2003.
- Attended ICSSR Sponsored Seminar on “Substance Abuse/ Misuse in North- Western Region of India: Causes, Consequences and Remedies” organized by Dept. of Psychology, M.D. University, Rohtak on 31<sup>st</sup> Jan, 2004.
- Attended Mid- term CME of IPS- NZ on “Interface between Neurology & Psychiatry- An Update on Management Issues” organized by Dept. of Psychiatry, Govt. Medical College, Amritsar on 11<sup>th</sup> April, 2004.

- Attended One Day Workshop on “Projective Techniques” organized by Dept. of Psychology, M.D. University, Rohtak on 31<sup>st</sup> March, 2007.
- Attended National Seminar on “Positive Perspectives of Health and Behaviour” organized by Dept. of Psychology, M.D. University, Rohtak from 1<sup>st</sup>- 2<sup>nd</sup> Feb, 2008.
- Attended 33<sup>rd</sup> Annual Conference of Indian Psychiatric Society- North Zone organized by Govt. Medical College & Hospital, Chandigarh from 18<sup>th</sup> – 19<sup>th</sup> Oct, 2008 and **presented a paper** entitled “**Child abuse- Tangles and triangles of care**”.
- Attended VII<sup>th</sup> Annual Conference of Indian Psychiatric Society- NZ, Haryana Branch at Gurgaon from 1<sup>st</sup>- 2<sup>nd</sup> November, 2008 and **presented a paper** entitled “**Third Wave: Mindfulness ACT The need of 21<sup>st</sup> century**”.
- Attended XVI<sup>th</sup> National Conference of Indian Association of Social Psychiatry organized by AIIMS, New Delhi from 28<sup>th</sup> – 30<sup>th</sup> November, 2008 and **presented a poster** entitled “**Prevention and management of violence and aggression**”.
- Attended Mid-term CME of IPS-NZ organized by Dept. of Psychiatry, PGIMS, Rohtak on “Depression and Ischaemic heart disease” on 26<sup>th</sup> April, 2009.
- Attended Silver Jubilee National conference of IASP organized by C.S.M. Medical University, Lucknow from 15<sup>th</sup>- 17<sup>th</sup> November, 2009.
- Attended 8<sup>th</sup> Annual Conference of Haryana Psychiatric Society organized by IPS-NZ (Haryana Branch) held at Karnal and **presented a paper** entitled “**Management of Anxiety**” and **chaired a scientific session III** from 21<sup>st</sup> – 22<sup>nd</sup> November, 2009.
- Attended a National seminar on “Psychology: Trends and Directions” organized by Dept. of Psychology, B.L.J.S. College, Tosham and **presented a paper** entitled “**Relationship of anxiety, social adjustment & emotional adjustment in the elders**” from 22<sup>nd</sup> – 23<sup>rd</sup> January, 2010.
- Attended a Workshop on “Experiential Training and Development” organized by Dept. of Psychology, M.D. University, Rohtak on 11<sup>th</sup> February, 2010.
- Attended a National seminar on “Positive Psychology & Health: Interventions & Strategies” organized by Dept. of Psychology, M.D. University, Rohtak from 28<sup>th</sup> – 29<sup>th</sup> March, 2010 and **co-chaired a session**.
- Attended 1<sup>st</sup> Mid-term CME of IPS-NZ (Haryana Branch) organized by Dept. of Psychiatry, PGIMS, Rohtak on “Genetic Counselling and Bioethics” on 2<sup>nd</sup> May, 2010.
- Attended Mid-term CME of IPS-North Zone organized by Dept. of Psychiatry, AIIMS, New Delhi and **chaired a session (free papers)** on 1<sup>st</sup> August, 2010.
- Attended 35<sup>th</sup> Annual Conference of Indian Psychiatric Society- North Zone on “Challenges in Organic Psychiatry” held at Ludhiana from 23<sup>rd</sup>- 24<sup>th</sup> October, 2010.
- Attended IX<sup>th</sup> Annual Conference of Indian Psychiatric Society- NZ (Haryana Branch) on “Drug Menace: A Silent Killer” at Sirsa and **acted as a chairperson in a scientific session** from 30<sup>th</sup>- 31<sup>st</sup> October, 2010.

- Attended National Seminar on “Eliminating Daughters: Paradox of Development in India” organized by Women’s Studies Centre, M.D.University, Rohtak & ICSSR North-West Regional Centre, Chandigarh and **presented a paper** entitled “ **Female Foeticide: Legal vs Social Solutions**” from 15<sup>th</sup>- 16<sup>th</sup> December, 2010.
- Attended 63rd Annual Conference of Indian Psychiatric Society (ANCIPS) held at New Delhi and **presented a paper** entitled “ **Sexual Abuse in Children**” and **chaired a scientific session (FP- V)** from 16<sup>th</sup>- 19<sup>th</sup> January, 2011.
- Attended a National Seminar on “Sir Chhotu Ram: Life & Achievements” organized by Centre for Haryana Studies & Sir Chhotu Ram Chair, M.D.University, Rohtak on 7<sup>th</sup> February, 2011.
- Attended a National seminar on “Community Health Psychology: Research & Applications” organized by Dept. of Psychology, M.D.University, Rohtak from 26<sup>th</sup> – 27<sup>th</sup> March, 2011 and **presented a paper** entitled “**Perception of medication adherence in chronic patients: A comparative study**” and **acted as a rapporteur in a session.**
- Attended a Workshop on “Combating Stress” organized by Dept. of Psychology, M.D.University, Rohtak on 9<sup>th</sup> April, 2011.
- Attended 36th Annual Conference of Indian Psychiatric Society- North Zone on “Integrating Culture in Mental Health Care” organized by Dept. of Psychiatry, PGIMS, Rohtak and **presented a poster** entitled “**Medicalization of Psychosocial Problems: Boon or a Bane**” from 24<sup>th</sup>- 25<sup>th</sup> September, 2011.
- Attended an International Conference on World Congress of the World Federation for Mental Health at Cape Town, South Africa from 17<sup>th</sup>- 21<sup>th</sup>, October, 2011.
- Attended X<sup>th</sup> Annual Conference of Haryana Psychiatric Society organized by IPS-NZ (Haryana Branch) on “Psychological Problems of Children & Adolescents” held at MAMC, Hisar and **acted as a chairperson in a scientific session- II** from 5<sup>th</sup>- 6<sup>th</sup> November, 2011.
- Attended NAAC sponsored one day Workshop on “Process of Accrediation” organized by BPS Mahila Vishwavidyalaya, Khanpur Kalan, Sonapat on 18<sup>th</sup> November, 2011.
- Attended one day Workshop on “ Analytical Skills for Research in Business” organized by Dept. of Commerce, M.D.University, Rohtak on 26<sup>th</sup> November, 2011.
- Attended XXI Annual Conference of Delhi Psychiatric Society held at New Delhi and **presented a paper** entitled “**Anger Management**” on 27<sup>th</sup> November, 2011.
- Attended a National Seminar on “Sir Chhotu Ram: Life & Ideology” organized by Centre for Haryana Studies & Dept. of Public Administration, M.D.University, Rohtak on 10<sup>th</sup> December, 2011.
- Attended a National Seminar on “Women Society and State” organized by Women’s Studies Centre, M.D.University, Rohtak & ICSSR North- West Regional Centre, Chandigarh and **presented two papers** entitled “ **Addressing Maltreatment of Women**



**in India: An unfinished Agenda” and “Women from Margin to Mainstream: A Reality Check”** from 9<sup>th</sup>- 10<sup>th</sup> February, 2012.

- Attended a National Seminar on “Development and Social Transformation” organized by Dept. of Sociology, M.D.University and **presented a paper** entitled “**Impact of Environment on Emotionality and Confidence of Females**” from 24<sup>th</sup>- 25<sup>th</sup> February, 2012.
- Attended a Workshop on “Hypnosis” organized by Dept. of Psychology, M.D.University, Rohtak on 28<sup>th</sup> March, 2012.
- Attended a scientific deliberation organized by Indian Medical Association, Rohtak City Branch and acted **as a chairperson in the scientific session** on 5<sup>th</sup> April, 2012.
- Attended 3<sup>rd</sup> Annual Mid- term CME of IPS- NZ Haryana Chapter held at Kurukshetra on 8<sup>th</sup> April, 2012.
- Attended a Workshop on “Promoting Community Health and Well being: Sharing Field Research and Experiences” organized by Dept. of Psychology, M.D. University, Rohtak from 22<sup>nd</sup>- 23<sup>rd</sup> Sept, 2012 and acted as a **rapporteur** in scientific session- II.
- Attended XI<sup>th</sup> Annual Conference of Indian Psychiatric Society on “Alternative and Complementary Medicine” organized by IPS (Haryana State Branch) held at Panipat from 3<sup>rd</sup> - 4<sup>th</sup> November, 2012 and **presented a paper** entitled “**Alternative therapies and role of breath in promoting health**” and **presented a poster** entitled “**Restoring health through Sudershan Kriya**”.
- Attended 19<sup>th</sup> National Conference of Indian Association for Social Psychiatry organized by Dept. of Psychiatry, Govt. Medical College & Hospital, Chandigarh from 23<sup>rd</sup> - 25<sup>th</sup> November, 2012 and **presented a symposium** entitled “**Interventions to compact the stigmatization & prevention of stigma**”.
- Attended 2<sup>nd</sup> International Conference on Psychology and Allied Sciences organized by Centre for Behavioural Research and Intervention, Guru Jambheshwar University of Science & Technology, Hisar and Indian Association of Health, Research and Welfare, Hisar from 21<sup>st</sup>- 22<sup>nd</sup>, March, 2013 & **presented a paper** entitled “ **Efficacy of SKY in promoting comprehensive well being**”.
- Attended ICSSR sponsored National Seminar on “Nature of Social Transformation in North West Region organized by Dept. of Sociology, M.D.University and **presented two papers** entitled “**Female Foeticide: Battling Mindsets**” and “**Gender Equality: An unfinished Agenda**” from 22<sup>nd</sup>- 23<sup>rd</sup> March, 2013.
- Attended Indian Psychiatry National Mid Term CME on “Gender Divide and Marriage- Mental Health and Legal Issues” organized by Dept. of Psychiatry, S. V. Medical College, Tirupati from 10<sup>th</sup>- 11<sup>th</sup> August, 2013.

- Attended 12<sup>th</sup> Annual Conference of Indian Psychiatric Society (Haryana Branch) on “Promoting Mental Health” organized by Dept. of Psychiatry, PGIMS, Rohtak and presented a poster entitled **“School environment, Temperament and Aggression among Adolescents: A Gender Based Study”** and two papers **“Does Family Structure Have an Impact on Mental Health of Adolescents”** and **“Perceived Home Environment as Related to Adolescents’ Self Confidence Level”** with joint authorship of Dr. Kohli, Dr. Malik & Dr. Batra from 30<sup>th</sup>- 1<sup>st</sup> December, 2013.
- Attended a workshop on “Workplace Sexual Harassment of Women” organized by Women’s Studies Centre, M.D. University, Rohtak on 24<sup>th</sup> January, 2014.
- Attended a National Seminar on “ Gender Inequality and Violence against Women in North- West India” organized by Women’s Studies Centre, M.D.University & ICSSR North West Regional Centre, Chandigarh and presented a paper entitled **“Does Work Status OF Wife Influence the Husband’s Well Being?”** from 7<sup>th</sup>- 8<sup>th</sup> February, 2014.
- Attended Mid Term CME of Indian Psychiatric Society NZ (Haryana Branch) on “Stress in Adolescence” and **chaired a scientific session** on 13<sup>th</sup> April, 2014.
- Participated in 30<sup>th</sup> National Conference on “Mind- Body Medicine” organized by Academy for a better world, Brahma Kumaris held at Mount Abu from 1- 4 August, 2014.
- Attended 13<sup>th</sup> Annual Conference of Indian Psychiatric Society (Haryana Branch) on Bipolar Disorders: Recent Advances organized by Dept. of Psychiatry, PGIMS, Rohtak and Haryana Psychiatric Society held at Panchkula, Haryana and presented a paper entitled **“Changing Psychosocial Milieu in India”** and **chaired a scientific session** on 13<sup>th</sup>- 14<sup>th</sup> December, 2014.
- Attended National Seminar on Social Transformation Forcing Inclusive Development in India organized by Dept. of Sociology, M.D. University, Rohtak on 13<sup>th</sup>- 14<sup>th</sup> March, 2015.