

Name : **DR. SARVDEEP KOHLI**
 Present Position : **Professor**
 Department : **Psychology Department**
M. D. University, Rohtak
 Email : **kohlis2009@gmail.com**



1. Educational Qualification

Degree	Year of Passing	University/ Institution
Ph. D	1990	M.D University, Rohtak
PG	1985	M.D University, Rohtak
UG	1983	M.D University, Rohtak
Others	-----	-----

2. Career Profile

Designation	Institution Served	Duration From ----- To
Regular Research Scholar	Dept. of Psychology, M. D University, Rohtak	11-08-1986 ---- 10-08-1988
Lecturer	University College, M. D University, Rohtak	03-10-1988--- 31-12-2006
Associate Professor	University College, M. D University, Rohtak	01.01.2006----06.02.2007
Associate Professor	Dept. of Psychology, M. D University, Rohtak	06-02-2007----07.08.2012
Professor	Dept. of Psychology, M. D University, Rohtak	08.08.2012----Still Continuing

3. Publications

1. **Books/ Manual**
 - a. **Authored**

- Dhar U, **Kohli S** and Dhar S (1987) **Manual for the Learned Helplessness Scale (LH- Scale)** Bhiwani: Haryana Council of Psychological Research.

b. Publication of Proceedings

- **National Seminar on Community Health Psychology: Research and Applications** on March 26-27, 2011 Dept. of Psychology, M.D. University, Rohtak
Batra, P., Anand, M., and **Kohli, S.** (2012). *Community Health Psychology: Research and Applications*. Rohtak: M. D. University. (ISBN 978-93-81818-04-6).

2. Research Papers

a. Published in Refereed/ Peer Reviewed Journals

1. **Kohli, S.**, and Dhar, U. (1985). Maladjustment as a Consequence of Coronary Heart Disease and Smoking. *Praachi Journal of Psycho-cultural Dimensions*, 1(2), 25-29.
2. **Kohli, S.**, and Dhar, U. (1986). Coronary Heart Disease and Smoking; A Psychological Study. *Indian Heart Journal*, 38(3), 219-221.
3. Sushma, Malhotra. S., and **Kohli, S.** (1988). Personality as a Correlate of Verbal Learning in Smokers and Non-Smokers. *Manodarpan*, 4(1&2), 87-96.
4. Anand. M., and **Kohli, S.** (2002). Perception of Air Pollution. *Praachi Journal of Psycho-cultural Dimensions*, 18(1), 55-58.
5. **Kohli, S.**, and Harish. (2005). Personality Profile of Smokers and Non-Smokers. *Indian Psychological Review*, 64 (3), 115-118.
6. **Kohli, S.**, and Aggarwal, H. K. (2006). Psychological Aspects of End Stage Renal Disease Patients on Maintenance Hemodialysis. *Indian Journal of Nephrology*, 16(1), 15-18.
7. **Kohli, S.** (2006). Use of Tobacco Products and Legal Control. *M.D.U. Law Journal*, XI (1), 9-14.
8. **Kohli, S.** (2007). Life Events and Emotionality as a Determinant of Coronary Prone Behaviour. *Indian Psychological Review*, 69(1), 11-18.
9. **Kohli, S.**, and Malhotra, S. (2008). Type A Behaviour Pattern and Stressful Life Events as Risk Factors for Coronary Heart Disease. *Behavioural Scientist*, 9(1), 9-14.
10. **Kohli, S.**, and Malhotra, S. (2008). Interplay of Type A Behaviour and Emotional Immaturity as Psychological Risk Factors of Coronary Heart Disease. *Journal, Indian Academy of Clinical Medicine*, 9(3), 179-183.

11. **Kohli, S.**, and Aggarwal, H. K. (2008). Psychological Aspects of Chronic Renal Failure. *Journal of Indian Health Psychology*, 3(1), 12-18.
12. **Kohli, S.** (2009). Status of Indian Women: Problems and Prospects. *M.D.U. Law Journal*, XIV (II), 129-148.
13. **Kohli, S.**, and Malik, A. (2009). Level of Aggression: A Gender based Study. *Indian Psychological Review*, 72(3), 155-160.
14. **Kohli, S.**, and Malhotra, S. (2010). Psychobehavioural Risk Factors in Coronary Heart Disease. *Journal of Well Being*, 4(1), 1-9.
15. **Kohli, S.**, and Batra, P. (2010). Lifestyle and Health Habits Amongst Young Males and Females. *Behavioural Scientist*, 11(1), 3-16.
16. **Kohli, S.** (2010). The Indian Woman's Journey for Equality. *Diviner; A Research Journal of Humanities and Social Sciences*, 7 (2), 241-248.
17. **Kohli, S.** (2010). Behavioural Patterns amongst Young Smokers. *Maharshi Dayanand University Research Journal (Arts)*, 9 (2), 51-58.
18. **Kohli, S.**, and Malik, A. (2010). Social Conformity as A Result Of Age and Education Level. *Indian Psychological Review*, 74(4), 227-232.
19. **Kohli, S.**, and Malhotra, S. (2011). Violence against Women: A Threat to Mental Health. *Indian Journal of Community Psychology*, 7(1), 117-129.
20. Gupta, A., and **Kohli, S.** (2011). Adjustment Patterns and Anxiety in Community-Dwelling Elderly: Exploring the Gender Differences. *Journal of Mental Health and Human Behaviour*, 16(1), 29-32.
21. **Kohli, S.**, Batra, P., and Aggarwal, H. K. (2011). Anxiety, Locus of Control and Coping Strategies among End Stage Renal Disease Patients Undergoing Maintenance Hemodialysis. *Indian Journal of Nephrology*, 21 (3), 177-181.
22. Batra, P., and **Kohli, S.** (2011). Impact of Family Structure on Subjective Well Being amongst Working Women. *Behavioural Scientist*, 12 (2), 155-162.
23. **Kohli, S.**, and Arunima. (2011). Quality of Life of Single/ Dual Earners: Socio-Environmental Influence. *Indian Journal of Positive Psychology*, 2 (3-4), 310-312.
24. **Kohli, S.**, and Potsangdam, G. (2011). Organ Sale: Ethical, Social and Psychological Issues and Challenges. *Maharshi Dayanand University Research Journal (Arts)*, 10 (2), 101-110.
25. **Kohli, S.**, and Arunima. (2011). Economic Independence as a Determinant of Well Being and Self Esteem amongst Women. *RMS Journal of Management and IT, Special*, 178-184.
26. **Kohli, S.** (2011). Tobacco: Psycho- Legal Conjectures. *Mewar Journal of Law*, 1&2, 21-33.

27. Batra, P., and **Kohli, S.** (2012). The Interplay of various Health Habits. *Journal of the Indian Academy of Applied Psychology*, 38 (3) *Special Issue*, 244-254.
28. **Kohli, S.**, Batra, P., and Rani, N. (2012). Study of Self Esteem among School Bullies and Victims. *Indian Journal of Psychology and Education*, 2 (2), 23-31.
29. **Kohli, S.**, Batra, P., and Urmil. (2012). Maternal Work Status and Gender as Related to Emotional Maturity of Adolescents. *Behavioural Scientist*, 13 (2), 109-116.
30. Arunima, and **Kohli, S.** (2012). Medicalization: A Growing Menace. *Delhi Psychiatric Journal*, 15 (2), 255-259.
31. Batra, P., Priyanka., & **Kohli, S.** (2012). Effect of BMI/ Weight Status on Health and WellBeing. *Maharshi Dayanand University Research Journal (Arts)*, 11 (2), 29-38.
32. Priyanka., Batra, P., & **Kohli,S.** (2012), Self Concept and Health related Quality of Life amongst Teenagers as Consequence of BMI/Weight Status. *Indian Journal of Health and Wellbeing*, 3 (4), 866-870. **(Impact Facto 2012 = 0.47).**
33. **Kohli, S.**, Malik, A., & Mamta. (2013). Academic Anxiety and Well Being amongst Rural and Urban Adolescents. *Indian Journal of Positive Psychology*. 4 (1), 148-152.
34. Malik, A., Gupta, A., & **Kohli, S.** (2013). Efficiency of Sudarshan Kriya Yoga in Enhancing Comprehensive Well Being. *Indian Journal of Health and Wellbeing*, 4 (3), 444-447. **(Impact Factor= 0.47).**
35. Gupta, A., & **Kohli, S.** (2013). Impact of Environment on Emotionality and Confidence of Females. *International Journal of Education and Humanities*. 3(5), 21-29.
36. **Kohli, S.**, & Gupta, A. (2013). Self Esteem, Academic Anxiety and Insecurity amongst Adolescents: Exploring gender differences. *Indian Journal of Health and Wellbeing*, 4 (4), 776- 779. **(Impact Factor= 0.47).**
37. Batra, P., & **Kohli, S.** (2013). Personality as a Factor Perpetuating the Smoking Behaviour.. *Journal of Positive Psychology*, 2 (2), 146-155.
38. **Kohli, S.**, Batra, P., Malik, A., & Rani, N. (2013). Academic Anxiety and Insecurity :Connections to Bullingng Behaviour in Young Adolescents. *Behavioural Scientist*, 14 (2), 83- 92.
39. Batra, P., **Kohli, S.** & Urmil. (2013). Impact of Maternal employment on Self Confidence and Insecurity amongst Adolescents. *Indian Journal of Community Psychology*, 9 (2), 350- 361.
40. Malik, A., & **Kohli, S.** (2013). Maximizing Well Being through Democratic Decentralization. *Indian Journal of Health and Wellbeing*, 4 (3), 449- 452. **(Impact Factor= 0.47).**
41. Malik, A., **Kohli, S.** & Batra, P. (2013). Towards a New Look at Maternal Work Status: Issues Pertaining to Adolescents. *Maharshi Dayanand University Research Journal (Arts)*, 12 (2), 69- 76.

42. Malik, A., **Kohli, S.** & Kumar, A. (2013). Applying the Constructs of Home Environment: Implications for Developing Self Esteem among Adolescents. *Journal of Health and Wellbeing*, 4 (9), 1674- 1678. (**Impact Factor= 0.47**).
43. Gupta, A., **Kohli, S.**, Malik, A., & Gahlawat, S. (2014). The Relationship of School Environment with Temperament and Aggression. *Journal of Rural and Community Psychiatry. 1 (1)*, 32- 39.
44. Malik, A., **Kohli, S.**, Batra, P., Gupta, A.(2014). Does Family Structure Have an Impact on Mental Health of Adolescents? *Journal of Rural and Community Psychiatry. 1 (1)*, 47- 54.
45. Hooda, S., Batra, P., & **Kohli, S. (2014)**. Coping Strategies among the Patients of Arthritis. *Indian Journal of Health and Wellbeing*, 5 (4), 476- 480. (**Impact Factor= 0.47**).
46. Rani, V., Hemlata., Malik, A., & **Kohli, S.** (2014). Relationship of Perceived Gender Discrimination with Emotional Competence, Self Esteem and Subjective Well Being among Young Adults. *Behavioural Scientist*, 15 (2), 71- 80.
47. Jyoti., & **Kohli, S.** (2014). Burnout and Subjective Well Being in Managers of Nationalized and Private Sector Banks. *Maharshi Dayanand University Research Journal (Arts)*, 13 (2), 113- 122.
48. Rani, V., Hemlata., Malik, A., & **Kohli, S.** (2015). Forgiveness and Gratitude as Correlates of Mental Health. *International Journal of Social Sciences Review*, 3(1),21-16.

b. Papers Published in Proceedings of Conferences/ Seminar

1. Batra, A., and **Kohli, S.** (2012). A Study of Young Employees under Holocaust of Job Stress. Proceedings of **National Seminar on Community Health Psychology: Research and Applications** on March 26-27, 2011 (pp. 125-132) in form of book, Batra, P., Anand, M., and **Kohli, S.** (2012). *Community Health Psychology: Research and Applications*. Rohtak: M. D. University. (ISBN 978-93-81818-04-6).

c. Published in Conferences/ Seminar proceedings

1. **Kohli S** (2010) **Special Laws for the Protection of Women: Psycho-Legal Perspectives**. Seminar on **Right to Equality: Emerging Trends** on Nov. 26-27, 2010 held at Faculty of Law, M. D University, Rohtak (Souvenir, 184-198).

d. Other Publications

Book Reviews

1. **Kohli, S.** (2014). Book Review of *Applied Spirituality: Theory, Research and Practice*. By A. Husain & S. Khan (ISBN: 978-81-8220-632-8). *Journal of Indian Health Psychology*, 9(1).

Other Publications

1. Published an article on **Stress Management** in College Magazine **Pratibhanjali** 2004-2005 for the guidance of students.

4. Participation in Conferences / Seminars / Workshops and paper presented

1. Attended Short Term Course in **Clinical Psychology** in the department of Psychiatry at P. G. I., Chandigarh from 30th June- 29th July, 1997.
2. Attended National Seminar on **Environmental Psychology** from Oct.24-26, 1997 held at Dept. Of Psychology, M.D. University, Rohtak and presented a paper entitled **“Perceptions of Air Pollution”**.
3. Attended National Seminar on **Psychology and National Development** from Dec. 21-22, 1997 held at Dept. Of Psychology, Kurukshetra University, Kurukshetra.
4. Attended One Day Workshop on **Course Curriculum Development in Psychology** on Jan, 17, 2004 held at Dept. Of Psychology, M.D.University, Rohtak.
5. Attended ICSSR sponsored Seminar on **Substance Abuse/Misuse in North-Western Region of India : Causes, Consequences and Remedies** on Jan. 31 , 2004 held at Dept. Of Psychology, M.D. University, Rohtak.
6. Attended 8th International and 39th National Conference of Indian Academy of Applied Psychology (IAAP) on **Positive Health and Well Being** from July 15-17 , 2004 held at Dept. Of Psychology, M.D. University, Rohtak.
7. Attended National Seminar on **Socio-Psychological Problems of Youth: Prevention and Intervention** from Dec. 22-23 , 2004 held at Govt. College, Bahadurgarh, Haryana.
8. Attended National Seminar on **Mahatma Buddha’s:2550th Mahaprinirvana Mahotsava** on March 22, 2007 organized by Students’ Welfare Dept. M. D. University & Haryana Sahitya Academy, Panchkula.
9. Attended Seminar on **Declining Sex Ratio: Problems and Challenges** on March 25 , 2007 held at Institute of Development Studies, M.D. University, Rohtak.
10. Attended One Day Workshop on **Projective Techniques** on March 31, 2007 sponsored by Dr. Radha Krishnan Foundation Fund and organized by Dept.of Psychology, M.D. University, Rohtak.

11. Attended UGC sponsored National Seminar on **Women Empowerment in India** on Dec. 27-28, 2007 held at BPS College of Under Graduate Studies, Khanpur Kalan (Sonipat) and presented a paper entitled **“The Changing Indian Woman”**.
12. Attended National Seminar on **Positive Perspectives of Health and Behaviour** on Feb. 1-2, 2008 held at Dept. of Psychology, M.D. University, Rohtak and presented a paper entitled **“Type A Behaviour and Stressful Life Events as Risk Factors for Coronary Heart Disease”**.
13. Attended UGC sponsored SAM Workshop on **Capacity Building of Women Mangers in Higher Education** on Dec.8-12, 2008 held at Bhagat Phool Singh Memorial Girls College, Khanpur Kalan (Sonipat), Bhagat Phool Singh Mahila Vishwavidyalaya, Khanpur Kalan (Sonipat).
14. Attended MID Term CME on **Depression and Ischemic Heart Disease** on April 26, 2009 held at Dept. of Psychiatry, Pt. B.D. Sharma Post Graduate Institute of Medical Sciences, Rohtak.
15. Attended HEC, Haryana sponsored National Seminar on **Psychology: Trends and Directions** on Jan. 22-23, 2010 held at Dept. of Psychology, BLJS College, Tosham (Bhiwani) and presented a paper entitled **“A Comparative Study of Behavioural Patterns amongst Smokers and Non- Smokers”**.
16. Attended National Seminar on **Economic Reforms and Emerging Social Crisis in India** on Feb.10-11,2010 organized by Dept. of Sociology ,M. D University, Rohtak and ICSSR North Western Regional Centre Chandigarh and presented a paper entitled **“Economic Recession an Alarming cause for Mental Health Problems”**.
17. Attended National Seminar on **Aggression and Violence :Challenges for Social Well- Being** on March 17-18, 2010 held at Dept. of Psychology, Jamia Millia Islamia (A Central University), New Delhi and presented a paper entitled **“Violence against Women : A Psychosocial Problem”**.
18. Attended ICSSR sponsored National Seminar on **Gender Equality and Economic Development in India** on March 22-23, 2010 held at Dept. of Economics, M. D University, Rohtak and presented a paper entitled **“Indian Woman Marching Ahead: Surpassing Psychosociocultural Barriers”**. Also contributed as **Rapporteur**.
19. Attended National Seminar on **Health and its Dynamics: State, Market and Society** on March 26-27, 2010 held at Dept. of Sociology, M. D University, Rohtak and presented a paper entitled **“Ethics of Organ Sale”**.
20. Attended National Seminar on **Positive Psychology and Health: Interventions and Strategies** on March 28-29, 2010 held at Dept. of Psychology, M. D University,

Rohtak and presented a paper entitled “**Return to Work of Coronary Heart Patients: A Positive Psychology Perspective**”. Also Co- Chaired the two Academic Sessions.

21. Attended MID Term CME on **Genetic Counselling and Bioethics** on May 2, 2010 held at Dept. of Psychiatry, Pt. B. D Sharma Post Graduate Institute of Medical Sciences Rohtak.
22. Attended Seminar on **Right to Equality: Emerging Trends** on Nov. 26-27, 2010 held at Faculty of Law, M. D University, Rohtak and presented a paper entitled “**Special Laws for the Protection of Women: Psycho-Legal Perspectives**”.
23. Attended Women’s Study Centre, M. D. University, Rohtak and ICSSR North Western Regional Centre, Chandigarh sponsored National Seminar on **Eliminating Daughters: Paradox of Development in India** on Dec. 15-16, 2010 held at Women’s Study Centre, M. D. University, Rohtak and presented a paper entitled “**Girl Child: An Unsymmetrical Music**”.
24. Attended HEC, Haryana sponsored National Seminar on **Women Empowerment in India Truth or Still a Distance Dream** on Jan. 19-20, 2011 held at a Bhagat Phool Singh Memorial Girls College, Bhagat Phool Singh Mahila Vishwavidyalaya, Khanpur Kalan (Sonipat) and presented paper entitled “**Acrimony against Women: A Psychological Perspective**”.
25. Attended National Seminar on **Sir Chhotu Ram: Life and Achievements** on Feb. 7, 2011 jointly organized by Centre for Haryana Studies and Sir Chhotu Ram Chair, M. D University, Rohtak.
26. Attended International Conference on **Women and Child Issues: National and International Perspectives** on Feb. 11-12,2011 held at Women’s Study Centre, Punjabi University, Patiala and presented a paper entitled “**Surrogacy: A Psychosocial Perspective**”.
27. Attended ICSSR North Western Regional Centre Chandigarh sponsored Seminar on **Environmental Pollution and the Law** on Feb. 26-27, 2011 held at Faculty of Law, M. D University, Rohtak and presented a paper entitled “**Tobacco Hazards: Problems, Issues and Psycho-legal Dimensions**”.
28. Attended HEC, Haryana sponsored National Seminar on **Right to Information: For Good Governance** on March 10-11, 2011 held at a Bhagat Phool Singh Memorial Girls College, Bhagat Phool Singh Mahila Vishwavidyalaya, Khanpur Kalan (Sonipat) and presented paper entitled “ **Enhancement of Women through Right to Information**”. Also Chaired the technical session.

29. Attended National Seminar on **Community Health Psychology: Research and Applications** on March 26-27, 2011 held at Dept. of Psychology, M. D University, Rohtak and presented a paper entitled **“Role of Personality in Smoking Behaviour amongst Youth”**. Also Contributed as **Joint Organizing Secretary**.
30. Attended One Day Workshop on **Consumer Protection: Problems and Prospects** on March 31, 2011 sponsored by IIPA, New Delhi held at Centre for Haryana Studies, M. D University, Rohtak.
31. Attended One Day Experiential Workshop on **Combating Stress** on April 09, 2011 sponsored by University Grant Commission and organized by Dept. of Psychology, M.D. University, Rohtak.
32. Attended 36th Annual Conference of Indian Psychiatric Society, North Zone on **Integrating Culture in Mental Health Care** on Sept. 24-25, 2011 held at Dept. of Psychiatric, Pt. P. D. Sharma Post Graduate Institute of Medical Sciences, Rohtak and presented a poster entitled **“Medicalization of Psychosocial Problems: Boon or a Bane”**.
33. Attended One Day Workshop on **Analytical Skills for Research in Business** on Nov. 20, 2011 held at Faculty of Commerce, M. D. University, Rohtak.
34. Attended National Seminar on **Sir Chhotu Ram: Life and Ideology** on Dec. 10, 2011 Jointly organized by Centre for Haryana Studies and Dept. of Public Administration, M. D University, Rohtak.
35. Attended Women’s Study Centre, M. D. University, Rohtak and ICSSR North Western Regional Centre, Chandigarh sponsored National Seminar on **Women Society and State** on Feb. 9-10, 2012 held at Women’s Study Centre, M. D. University, Rohtak and presented two papers entitled **“Women from Margin to Mainstream: A Reality Check”** and **“Addressing Maltreatment of Women in India: An Unfinished Agenda”**.
36. Attended Regional Seminar on **Corruption and Lokpal in North-Western Region in India** on Feb. 27-28, 2012 held at Dept. of Public Administration, M. D University, Rohtak.
37. Attended National Seminar on **Haryana in National Perspective** on March 14-15, 2012 held at Dept. of Economics, M. D University, Rohtak and presented a paper entitled **“Economic Independence as a Determinant of Well Being and Self Esteem amongst Women”**.

38. Co-author of paper entitled **“Effect of Women Work Status on the Well Being of Couples”** presented at National Seminar on Emerging Issues in Work Stress and Well Being on March 16-17, 2012, held at Pt. J.L.N. Govt. College, Faridabad.
39. Attended and participated in Panel Discussion on **Work Without Harassment- Right for Women** on March 20, 2012, organized by Standing Committee to Check the Menace of Sexual Harassment and Violence against Women at their Workplace (SCSHVW), M. D. University, Rohtak. Also contributed as **Rapporteur**.
40. Attended National Seminar on **Development and Social Transformation** on Feb. 24-25, 2012 held at Dept. of Sociology, M. D University, Rohtak and presented a paper entitled **“Impact of Environment on Emotionality and Confidence of Females”**.
41. Attended One Day Workshop on **Enhancing Success and Flourishing in Women** on March 27, 2012 held at Women’s Study Centre, M. D. University, Rohtak.
42. Attended One Day Workshop on **Hypnosis** on March 28, 2012 held at Dept. of Psychology, M. D. University, Rohtak.
43. Attended Two Days Workshop on **Promoting Community Health and Well Being: Sharing Field Research and Experiences** on Sept. 15-16, 2012 held at Dept. of Psychology, M. D. University, Rohtak.
44. Attended International Seminar on **Psychology of Trauma: Women and Children in Violent Conflict** on March 13-14, 2013 held at Dept. of Psychology, Jamia Millia Islamia, New Delhi and presented a paper entitled **“ Bullying Behaviour as Related to Academic Anxiety and Insecurity amongst Middle School Children”**.
45. Attended Two Day International Conference on **Governance Issues and Corruption** on March 19-20, 2013 organized under UGC’s Special Assistance Programme held at Department of Economics, M. D, University, Rohtak and presented a paper entitled **“ Corruption: A Psychological Perspective”**.
46. Attended Regional Seminar on **Democratic Decentralisation and District Planning Committee in North-West India** on March 21-22, 2013 Jointly organized by Centre for Haryana Studies and Dept. of Public Administration, M. D University, Rohtak and presented a paper entitled **“Role of Democratic Decentralization in Promoting Individual Well Being”**.
47. Attended 2nd International Conference on **Psychology and Allied Sciences** on March 21-22, 2013 organized by Centre for Behavioural Research and Intervention, Guru Jambheshwar University of Science and Technology, Hisar and Indian Association of Health, Research and Welfare, Hisar and presented papers entitled **“Efficiency of**

Sudarshan Kriya Yoga in Enhancing Comprehensive Well Being ”and “Coping Strategies amongst Patients of Arthritis”.

48. Attended DGHE sponsored National Seminar on **Adolescence: Issues and Challenges** on April, 5, 2013 held at Adarsh Mahila Mahavidyalaya, Bhiwani and presented papers entitled “ **Impact of Maternal Employment Status on Academic Anxiety and Self Concept of Adolescents** ” and “**A Study of Anxiety and Well Being amongst Rural and Urban Adolescents**”.
49. Attended 12th Annual Conference Indian Psychiatric –North Zone Haryana Branch on **Promoting Mental Health** on 30th Nov. - 1st Dec.2013, organized by Department of Psychiatry, Pt. B.D. Sharma, PGIMS, Rohtak held at State Institute of Mental Health and presented papers entitled “**Perceived Home Environment as Related to Adolescent Self Confidence Level**” and “**Does Family Structure Have an Impact on Mental Health of Adolescents?**”.
50. Attended One Day Workshop on **Workplace Sexual Harassment** on January 24, 2014 held at Women’s Study Centre, M. D. University, Rohtak.
51. Attended ICSSR North West Regional Centre, Chandigarh sponsored National Seminar on **Gender Inequality and Violence against Women in North-West India** on Feb. 7-8,2014 held at Women’s Study Centre, M. D. University, Rohtak and presented paper entitled “ **Does Work Status of Wife Influence the Husband’s Wellbeing?**”. Also **Chaired** the technical session.
52. Attended National Seminar on **Law and Social Justice in India** on March 8-9, 2014, held at Department of Law, M.D. University, Rohtak and presented a paper entitled “**Perceiving Gender equality: Implications for Wellbeing**”.
53. Attended One Day Workshop on **Story Telling: A Qualitative Research** on March 25, 2014 held at Dept. of Psychology, M. D. University, Rohtak.
54. Attended One Day Workshop on **Hypnosis: A Therapeutic and Wellness Tool** on March 27, 2014 held at Dept. of Psychology, M. D. University, Rohtak.
55. Attended National Seminar on **Health and Well Being: Recent Development and Challenges** on November 12-13, 2014 held at Dept. of Psychology, Jamia Millia Islamia, New Delhi and presented a paper entitled “**Subjective Well Being In End-Stage Renal Disease Patients Undergoing Maintenance Hemodialysis**”.
56. Attended National Seminar on **Social Transformation Forcing Inclusive Development in India** on March 13-14, 2015 held at Dept. of Sociology, M.D.

University, Rohtak and presented papers entitled **“Tobacco or Mental Health: Fallout of Social Development”** and **“Gender Differences in Emotional Competence and Work Related Quality of Life in Call Centre Employees”**.

5. Other contributions

- Guiding and counselling the students and community.
- Participated in various health camps organized by the department for community services.