


Dr. Shalini Singh	
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A) Educational Qualifications

Degree	Year of Passing	University/Institute
Ph.D.	1999	Deptt. Of Psychology, M.D. University, Rohtak
PG	1992	Dptt. of Psychology, M.D. University, Rohtak
UG	1990	G.C.W. Rohtak
Others	--	--

B) Career Profile

Designation	Institution Served	Duration	
		From	To
Lecturer	M.K.J.K. Mahavidyalaya Rohtak	21. 1. 1993	31. 1. 1994
Lecturer	SBMIMSER, Asthal Bohar, Rohtak	21. 9. 1996	17. 6. 1998
Lecturer	Department of Psychology, M.D. University, Rohtak	18. 6. 1998	18. 6. 2004
Sr. Lecturer	Department of Psychology, M.D. University, Rohtak	18. 6. 2004	18. 6. 2007
Reader	Department of Psychology, M.D. University, Rohtak	18. 6. 2007	18. 6. 2010
Associate Professor	Department of Psychology, M.D. University, Rohtak	18. 6. 2010	18.6.2013
Professor	Department of Psychology, M.D. University, Rohtak	18.6.2013	Till Now

C). Research Advisory

No. of Students supervised	Ph.D.	M. Phil.
	10	8

D) Projects Undertaken

Title of the Project	Duration	Funding Agency	Status	
			Completed	In Progress
Marital Adjustment and Psychological Well-being amongst late and early years of females	One Year	Dr. Radha Krishnan Fund, M.D. University, Rohtak	Yes (2007)	--
State Development Report (SDR-Haryana)	--	Planning Commission, Delhi	Yes (2008)	--
Life Satisfaction and Happiness in Married and Unmarried Middle-aged Female Lecturers : A comparative study	One Year	Dr. Radha Krishnan Fund, M.D. University, Rohtak	Yes (2011)	--

E). Publications

I. Books

- a. Authored ---
- b. Edited **One titled "Human Resource and Managerial Development," 2007, Global Vision Publishers: New Delhi.**

II. Research Papers

- a. Published in Refereed/Peer Reviewed Journals 44
- b. Published in Books
- c. Conferences Attended

III. Other Publications

- a. Book reviews **One. 'Organisational Psychology' (ed.) New Delhi: Global Vision Publishers (2009)**

Assignments outside M.D. University, Rohtak

- i. India ***UGC's Inspection Committee**
***Observership for UGC test for JRF**
***UGC's Travel Grant Committee**
- ii. Abroad ---

Other contributions

- Conducting workshops on 'Personality Development' in Management Institutes, Education Colleges and Engineering Colleges and neighboring universities.
- Working as a 'psychologist' in 'Women Cell' of Police Department, Rohtak and Faridabad.
- Resource Person in Refresher and Orientation Courses organised by Academic Staff College
- Chairing Sessions in various National and International Conferences.

- Key Note Speaker in Dec. 2014, Department of Behavioral and Cognitive Sciences, Banaras Hindu University, Varanasi

Research Publications:-

1. Singh, S. (2000). Comparative consumers' behaviour patterns in rural and urban consumers. *Manodarpan*, 1, 50-58.
2. Singh, S. and Singh, R. (2001). Type A Behaviour pattern and leadership styles. *Journal of the Indian Academy of Applied Psychology (JIAAP)*, 27, 137-141.
3. Singh, S. and Singh, R. (2001). A correlational study of leadership style, personality and turnover. *Finance India*, 15, 683-687.
4. Singh, S. and Singh, R. (2003). Construct validation of P.G.I. Well-being Scale in work set-up. *Journal of the Indian Academy of Applied Psychology (JIAAP)*, 29, 53-60.
5. Singh, S. and Singh, R. (2003). Organisational Climate: A predictor of Psychological Well-being. *Behavioural Scientist*, 4, 67-72.
6. Singh, S. (2004). Personality and Organizational Team Work. *Indian Psychological Review*, 62, 124-135.
7. Singh, S. and Hooda, S. (2006). Managing Conflict at the work-site. *Behavioural Scientist*, 7, 39-45.
8. Hemant and Singh, S. (2008). Gender differences in Neuroticism, Extraversion and Self-esteem amongst adolescents. *Behavioural Scientist*, 9(2).
9. Singh, S. and Sharma, S. (2009). Perceived parenting behaviour in relation to aggression among adolescents. *Praachi Journal of Psycho-Cultural Dimensions*. 25(1&2), Spl. issue.
10. Singh, S. & Singh, R. (2009). Presumptive General Physical activity, Psychological distress and Autonomic Activity. *Journal of Indian Academy of Applied Psychology*, 35 (Spl. issue)
11. Singh, S. (2009). Book Review of 'Organisational Psychology' (ed.) New Delhi: Global Vision Publishers.
12. Singh, S. & Rathee, R. (2010). A study of relationship between altruism and self-efficacy in adolescents. *Praachi Journal of Psychocultural Dimensions*, 26, 162-167.
13. Sharma, S. & Singh, S. (2010). A study of perceived fathering and mothering in relation to aggression among adolescents. *Indian Psychological Review*, 74, 241-246.
14. Singh, S. & Yadav, M. (2010). Occupational stress, Adjustment and Well-being of Private School teachers. *Journal of Well Being*, 4(1).
15. Singh, S., Singh, U. & Neelam (2010). Marital Adjustment and Psychological Wellbeing amongst late and early years of females. *Journal of Well-being*, 4(1), 12-37.
16. Singh S., Vandana & Singh, U. (2010). Glass ceiling, organizational commitment and well being: A comparative study of female executives in Multinational Organisations (MNCs) (2010), *Journal of Indian Academy of Applied Psychology*, 41, 143-147.
17. Singh, S. & Rathee, R. (2010). A study of relationship between altruism and self efficacy in adolescents. *Praachi Journal of Psychocultural Dimensions*, 26, 162-167.
18. Singh S., Neelam & Singh, U. (2011). Vocational maturity and well being among adolescent boys of employed and unemployed mothers: A comparative study. *Asian Journal of Psychology*, 2, 77-87.
19. Singh, S., Venkata Ramana, P. & Singh, U. (2011). Job stress, burnout and general health of nurses. *Asian Forum of Business Administration*, 11, 161-181. [INTERNATIONAL]
20. Singh S., and Venkata Ramna, (2011) 'Competency Building in Management Graduates *Journal of Accountancy and Management*', (1), 141-148. (2011), 1906-7933.

21. Govil, D. and Singh, S. (2012). Personality traits and Burnout among Resident Doctors: Gender Differences. *Community Health Psychology: Research & Application* (ed. book). Rohtak: Intellectual Foundation.
22. Singh, S., Gumber, V. and Singh, U. (2012). Job Stress, Burnout and General Health among Nurses. *Journal of the Indian Academy of Applied Psychology*. P- 126-130. 38(13)
23. Singh S. and Singh, U. (2013). Positive Psychological Capital, Healthiness and Happiness of doctors and Homemakers: A comparative study. *Business and Management* . Delhi: Wisdom Publications.
24. Singh S. and Singh, U. (April, 2012). Roll Stress and Conflict Handling Style in Corporate Managers. *M.D. University Research Journal*. P- 154- 159, V- (11).
25. Singh, S. (2013). Job stress, marital adjustment and job satisfaction of working women in banking sector. *M.D. University Research Journal*, 12(1), 55-59.
26. Singh, S. and Singh, U. (2013). Positive psychological capital, healthiness and happiness of doctors and homemakers : A comparative study. *Business and Management*, 1st Edn., 93-97.
27. Neelam, Singh, S. (2014). Self concept and psychological distress among adolescents of employed and unemployed mothers : A comparative study. *M.D. University Research Journal*, April 2014.
28. Rajni, Singh, S. (2014). Work values, organizational commitment and happiness among nurses. *M.D. University Research Journal*, April 2014.
29. Singh, S. (2014). Book Review of 'Basic Principles of Counselling', New Delhi: Global Vision Publishers.
30. Singh,S.,Hooda,S.& Gumber, V.(2014).Emotional intelligence , Self efficacy and Psychological Resilience in management and Humanities Graduates.*Indian Journal of applied Psychology*, 51,80-86.
31. Singh,S.,Hooda,S.& Gumber, V.(2014). Emotional Intelligence and Psychological Distress among Adolescents : A Comparative Study. *International Journal for research publication and seminar*,5,48-51.
32. Hooda,S. & Singh,S. (2014).Marital adjustment, coping and happiness in carrier women. *International Journal for research publication and seminar*, 5, 40-43.
33. Rani, S. & Singh, S. (2014). Stress, Seilf Esteem and Well Being amongst women. *International Journal for research publication and seminar* (Oct.).
34. Rani, S. & Singh, S. (2014). Role of Marital Adjustment on general health of working women in banking sector. *International Journal of Educational Research*, 2, 7-11.
35. Rani, S., Singh, U. and Singh, S. (2014). Geinder Difference in Organizational Role Stress among Medical Professionals,*Intrernational Journal of Educational Research*, 2,12-16.
36. Singh,S., Neelam, Poonam & Vats, V.(2014). Healthiness, Job Satisfaction and Mental health in school teachers. *Journal of Psychological researches*,58, 11-15.
37. Singh, S., Hooda, S. & Singh, U. (2014). Occupational Stress, Coping style and Life Satisfaction Amongst general Practioneers, *Journal of Psychological researches*,58, 66-69.
38. Singh, S., Hooda, S. & Singh, U. (2014). Vocational Maturity, Happiness and Mental Health in Adolescents. *Indian Journal of Psychology and Mental Health* ,9,80-84.
39. Govil, D. & Singh, S. (2014). Coping with Job Stress and its Effect on General Well Being: A study among resident Doctors, *Indian Journal of Psychology and Education*,5,65-72.

40. Sunita, Singh, U. & Singh, S. (2015). Transactional leadership Style, Role Efficacy and Organizational Commitment among nurses, *Indian Journal of Psychology and Education*,5(1),92-97.
41. Singh, U., Singh, S. & Neelam (2015). Impact of Positive Psychological Capital on the team effectiveness of Call Centres, *Indian Journal of Psychology and Education*,5 (1), 122-126.
42. Singh, S., Hooda, S. & Singh, U. (2015). Gender Differences in Cognitive style and Job Satisfaction of Bank Executives. *Indian Journal of Psychology and Education*,5(2),130-133.
43. Singh, U., Singh, S. & Sharma, R. (2015). Emotional Intelligence, Burnout and Subjective Well being in Public Bank Employees (Clerical). *Indian Journal of Psychology and Education*,5(2),118-123.
44. Singh, U., Singh, S. & Sharma, R. (2015). Physical Activity, Marital Adjustment and Healthiness in Working Women. *The international Journal of Indian Psychology*, 2(4),46-51 .

Publications in Books:-

1. Singh, S. and Singh, R. (2001). Mood fluctuations and consumption of mild stimulants. In C.P. Khokhar (Ed.) Trends in Clinical Diagnosis & Psychotherapy: Modern and Vedic (pp.86-97) Gurukul Kangri: Haridwar.
2. Singh, S. and Singh, R. (2003). What, How and Why of Log-in Behaviour in Internet Users. Psychological Implications of Information Technology, New Delhi: Deep and Deep Publications.
3. Sujata, H. and Singh, S. (2004). Allen & Meyer's Organizational Commitment Questionnaire: A factor analytic study of Bank Employees. Delhi: Wisdom Publications.
4. Singh, S. and Singh, R. (2004). Behavioural Patterns, Leadership style and Psychological well-being – A case study of GIC Employees. Human Behaviour and Organisational Excellence. New Delhi: Sunrise Publications.
5. Redu, S. and Singh, S. (2006). Impact of unemployment on the well-being of youth. New Delhi: Global Vision Publications.
6. Rani, S. and Singh, S. (2006). Self-esteem and General Well-Being amongst Women. New Delhi: Global Vision Publications
7. Singh, S., Tayal, A. and Singh, U. (2010). Burnout, occupational stress and wellbeing among the marketing agents. Psychology and Health Promotion. New Delhi: Global Vision.
8. Singh, S. and Hemant (2010). Use of mobile phones and Aggression amongst children. Violence and Conflict Resolution (ed. Book). New Delhi: Global Vision Publications.
9. Singh, S. 'Positive Psychological Capital, Healthiness and Happiness of doctors and Homemakers: A comparative study', (ed. Book). Wisdom Publication

Conferences Attended:-

1. Psychological well being of individual and society on Oct.3-4, 1998 in 9th Annual Conference of NAOP organised by Department of Psychology, JNVU, Jodhpur and DRDO, Jodhpur.
2. HRD in 20th century on Oct. 3-4, 1998 in 1998 in 9th Annual Conference of NAOP organised by Department of Psychology, JNVU, Jodhpur and DRDO, Jodhpur.
3. Comparative Consumer Behaviour patterns in Rural and Urban consumers on Feb. 3- 5, 2000 in National Conference on Behavioural Management in Rural development organized by Haryana Institute of Rural Development, Nilokheri (Karnal).

4. Psychological Consequences of liberalisation on Feb. 17-18, 2000 in National Conference on Managerial responses to corporate sector in the new millennium organised by IMSAR, Rohtak.
5. Mood fluctuations and consumption of mild stimulants on March 16-18, 2001 in National Conference on Trends in Clinical diagnosis and Psychotherapy – Modern and Vedic organised by Department of Psychology, Gurukul Kangri Vishwavidyala, Haridwar.
6. What, Why and How of Log-in Behaviour in Internet users on Feb.22-23, 2000 in National Seminar on Psychological implications of new dimensions of technological Development organised by Deptt. of Psychology, Vaish P.G. College, Bhiwani.
7. Gender differences, Stereotypes and Gender Discrimination on March 5-6, 2002 in National Conference on Women and Human Rights organised by Deptt. of Sociology, M.D.U., Rohtak.
8. Leadership styles and Behaviour Pattern (A-B) of managers and Psychological Well Being of employees in General Insurance Company on Jan. 18-20, 2002 in an International Seminar on Challenges before Human Resource Development in the Millennium organised by AASTHA, New Delhi.
9. Marketing of General Insurance Policies in Rural areas on March 15-16, 2002 in National Seminar on Social Transformation organised by Deptt. of Rural Development, M.D.U., Rohtak.
10. Participated in Inaugural Conference on Sept. 7-8, 2002 organised by Indian Psychiatric Society (NZ) Haryana branch.
11. A correlational study of job satisfaction and psychological distress on 11-12 Oct. 2002 in national seminar on Individual Differences and Behaviour organised by Deptt. of Psychology, M.D.U., Rohtak.
12. Construct validation of P.G.I. well being scale on 15-17 Oct. 2002, organised by Council of Behavioural Scientists, Deptt. of Psychology, St. Johns College, Agra (U.P.).
13. Participated in 7th NWISA Conference on 14-15 Nov. 2003, organized by Deptt. of Sociology, M.D.U., Rohtak.
14. Presented paper entitled “Presumptive General Physical Activity and Well Being of Sports persons” on 3rd to 7th Dec. 2003, organized by Deptt. of Sports, Physiotherapy and Medicine Deptt., GNDU, Amritsar.
15. Presented paper entitled “Personality and Organisational Team Work” on 20th-21st February 2004, organized by Department of Management, G.J.U., Hisar.
16. Presented paper entitled “Organizational Stress Prevention Programme” in International Conference on 15th-17th July, 2004, organised by Department of Psychology, M.D. University, Rohtak.
17. Participated in Socio-Psychological problems of youth: Prevention and Intervention, on 22nd-23rd Dec., 2004, organized by Department of Psychology and Sociology, M.D. University, Rohtak.
18. Presented paper entitled “Managing Conflict at the worksite” on 29th-30th March, 2005, organized by Deptt. of Psychology, M.D. University, Rohtak.
19. Presented paper entitled “Impact of Unemployment on the well-being of Youth” on 28th-29th March, 2006, organized by Deptt. of Psychology, M.D. University, Rohtak.
20. Presented paper entitled “Future interventions to combat declining sex ratio” on 25th March, 2007, organised by Institute of Development Studies, M.D. University, Rohtak.
21. Participated in National Seminar on Positive Perspectives of Health and Behaviour – Feb. 1 & 2, 2008; organised by Deptt. of Psychology, M.D. University, Rohtak.
22. Presented paper entitled “Healthiness, happiness and fitness” in National Conference on Community Mental Health : Issues and Challenges – Feb. 15-16, 2008; organised by Deptt. of Psychology, Kurukshetra University, Kurukshetra.

23. Presented paper entitled “A comparative study of working women and home makers in relation to their health and well-being” in National Seminar on Positive Psychology – Jan. 3 & 4, 2010; organised by Govt. College, Tosham (Bhiwani).
24. Presented paper entitled “Attitude towards Sex Selection: The paradox of Modernity” in National Seminar on Gender Equality and Economic Development in India – March 22-23, 2010; organised by Deptt. of Economics, M.D. University, Rohtak.
25. Presented paper entitled “Glass Ceiling in Women Executives of Multinational Organisations” in National Seminar on Health and its Dynamics: State, Market and Society – March 26-27, 2010 – organised by Deptt. of Sociology, M.D. University, Rohtak
26. Chaired Session as a Keynote Speaker on ‘Urban Development’ in National Seminar on ‘Flagship Programmes in Haryana: An Evaluation’ – March 28, organised by Deptt. of Economics, M.D. University, Rohtak.
27. Chaired Session in National Seminar on ‘Positive Psychology and Health: Interventions and Strategies’ – March 29, 2010; organised by Deptt. of Psychology, M.D. University, Rohtak.
28. Attended Workshop on ‘Empowering of Women in Higher Education’ on Sept.15-16, 2010, organised by Deptt. of Women Study Centre, M.D.University, Rohtak.
29. Presented a paper entitled ‘Human Capital: Leadership Skills for Women Administrators’ in National Seminar on Eliminating Daughters: Paradox of Development in India, Dec. 15-16, 2010, organised by Deptt. of Women Study Centre, M.D.University, Rohtak.
30. Presented a paper entitled ‘Key Features of Healthy Environment in the Organisation’ in National Seminar on Psychosocial Antecedents and Moderators of Environment, March 10-12, 2011.
31. Attended + Presented paper in 5TH Annual National Conference on Business and management Organized by Haryana School of Business, Guru Jambheshwar University of Science and Technology, Hisar on Feb, 7-8, 2013.
32. Singh s. and Singh, U. (2012). Healthiness, Health Efficacy and Personal Effectiveness of Private and Public school teacher, Journal of Psychological Review. P 73-77, v-56. [International]

Awards:-

1. ‘Young Scientist Award’ by National Academy of Psychology (NAOP) in 1998.
2. ‘Prof. N.S. Chauhan (Agra) Behavioural Scientist Award’ in 2nd Conference of Council of Behavioural Scientists in 2004.
3. Recipient of ‘Award for Excellence’ for bringing honour to the University by outstanding contributions to society and sterling achievement in professional life.
4. Recipient of ‘Distinguished Service Award’ for best teacher from S.B.M. Group of Institutions, Rohtak.