

**Dr. Amrita Yadav**



**A) Educational Qualifications**

Degree	Year of Passing	University
Ph. D	1985	M.D. University
P.G.	1981	Kurukshetra University
U.G.	1978	Delhi University
B. Ed	1979	Delhi University
P.G.D.G.C.	2002	Annamalai University

**B) Career Profile**

Designation	Institute Served	Duration	
		From	To
Lecturer	Dayanand Mahila Mahavidyalaya, Kurukshetra	1982	1983
Lecturer	University College , Rohtak	1983	1985
Lecturer	Department of Psychology, M.D.University	1985	1995
Reader	Department of Psychology, M.D.University	1995	2003
Professor	Department of Psychology, M.D.University	2003	Till date

**C) Research Advisory**

**(Annexure : A)**

No. of students supervised	Ph. D	M. Phil.	P.G.
	11	09	09

**D) Publications**

- i. Edited Books : **7**
- ii. Research papers: **70**
  - a) Published in Refereed/ peer reviewed Journals
  - b) Published in academic journals/ Edited Books :
  - c) Book reviews : **2**
1. Participation in conferences/ seminars /Workshops: **38**
2. Awards and distinctions

## **Research Advisory**

### **B.A. (Honours) Project report**

1. An Experimental Study of the Total-Time Hypothesis in Verbal Learning

### **M.A. Dissertation**

- 1) Effect of Chlorpromazine on Learning of a pipe-walking task
- 2) Dose dependent effect of Morphine on retention
- 3) Effect of Noise and Anxiety on perception
- 4) Antagonistic effect of Vasopressin on Morphine induced amnesia
- 5) Memory modulation by post-training and pre-testing administration of Epinephrine and Vasopressin
- 6) Effect of Alcohol on Memory
- 7) A study of McCollough effect as a function of testing
- 8) Memory modulation by epinephrine and glucose
- 9) Effect of Epinephrine on learning under anaesthesia

### **M. Phil Dissertation**

- 1) Anxiety, Locus of Control and Perception of Environmental Pollution
- 2) Mnemoactive effect of Glucose in Humans
- 3) Effect of Expectancy, Dissonance and Perceived Control on performance
- 4) A study of the Social impact of multi-channel electronic media
- 5) Residential Density and Neuroticism
- 6) A study of Parental Attitude towards Mentally Retarded children
- 7) Study of Aggression and Moral Disengagement in adolescents
- 8) Role of Attitude towards Violence, Moral Disengagement and Guilt Reactions in School Bullying
- 9) Effect of Age and Availability of Organisational Cues on organisational and retrieval process

### **Ph. D Thesis**

- 1) Stress and Memory Modulation
- 2) Tubectomy and Psychosomatic disorder: A study of Personality and Sociocultural correlates
- 3) Mnemmoactive effect of Glucose
- 4) Malnutrition and Cognitive Functioning
- 5) Values and Aggression
- 6) Developmental and Neuropsychological correlates of Source Monitoring
- 7) Structural, Semantic and Neuropsychological correlates of Reading and Mathematical ability
- 7) Specificity of memory impairment in diabetics and hypertensives
- 8) Impact of Iron Deficiency Anaemia on Sensory Motor and Cognitive functions

- 9) Cognitive functioning in relation to Body Mass Index
- 10) Role of Values-in-Action in Health Maintenance and Prognosis from chronic diseases

**Edited Books: - (Under joint editorship)**

1. Psychology of Individual Differences. (2004)
2. Health Psychology. (2005)
3. Positive Health Psychology. (2007)
4. Health Psychology (2007)
5. Understanding women Behavior. (2007)
6. Psychology of Education. (2008)
7. Business Psychology (2010)

**Research Papers**

1. **A.Yadava** & I.S. Muhar, (1982). Effect of CXM on learning in Albino rats. *Indian journal of Psychology*, **57**, 43-47.
2. S., Dutta, **A. Yadava.**, & I.S. Muhar (1986). Effect of Chloropromazine on learning of a pipe running task . *Maharshi Dayanad University Reasearch Journal (Arts)*, **1**, 105-110.
3. P. Middha., **A. Yadava.**, & I.S. Muhar . (1986). Effect of CXM on retention of an active avoidance task. *Indian Journal of Current Psychological Research*, **2**, 15-18.
4. K. Nagpal.,**A. Yadava** & I.S. Muhar (1986). Effect of Epinephrine on memory: A state Dependent Phenomenon. . *Indian Journal of Psychology*, **61**, 21-29.
5. **A.Yadava** & I.S. Muhar, (1987). Effect of stress related hormones on memory. *Journal of the Indian Academy of Applied Psychology*, **13**, 23-28
6. M. Darolia., **A. Yadava.**, & S. Malhotra. (1993) Effect of Epinephrine of learning under Anaesthesia. *Journal of the Indian Academy of Applied Psychology*, **19**, 47-51
7. Sunita, Nov Rattan Sharma & **A. Yadava** (1997). Gender differences in general depression. *Communications* (A research Journal devoted to distance and non-formal education published by Chairman Department of Distance Education, University of Kashmir, Srinagar), **8(8)**, 15-18
8. M. Darolia ., **A Yadava** . & N.R Sharma. (1998). Caloric Intake, Blood Protein levels and Memory. *The Indian Journal of Nutrition and Dietics*, **35**, 163-165.
9. Shinu Mehta, **Amrita Yadava** & Nov Ratten Sharma (1999). State dependent memory modulatory effects of epinephrine and glucose. *Psycho-Lingua*, **29(2)**, 141-144.
10. **Amrita Yadava**, Nidhi Jakhkar & Nov Rattan Sharma (1999). Effect of Glucose on memory in mentally retarded subjects. *Journal of Personality and Clinical Studies*, **15(1&2)**, 25-30.
11. V. Mahajan, **A. Yadava** & N.R. Sharma (1999). Role of anxiety in the manifestation of pscho-somatic complaints after tubectomy. *Journal of Personality and Clinical Studies*, **15(1&2)**, 37-40.

12. N.R. Sharma, Sunita, **A. Yadava** & N. Yadava (1999). Level of general depression among scheduled caste/scheduled tribe and non-scheduled caste/scheduled tribe students. *Indian Psychological Review*, 52(2), 64-68.
13. **A.Yadava.**, N.R. Sharma ., P.N. Sharma & S.B Dahiya. (1999). Effect of carbon monoxide (CO) on learning. *Indian Journal of Environmental Health*, 41(3), 194-199.
14. S.Malik. , **A. Yadava.**, & N.R. Sharma. (1999). Antagonistic effect of vasopression on morphine induced amnesia. *Advances in Biosciences*,18, 85-92.
15. G. Rani & **A. Yadava.** (2000) . Anxiety Level among working women. *Journal of Personality and Clinical Studies.*,16, 63-67.
16. **Amrita Yadava**, Naresh Kumar & N.R.Sharma. (2000). Impact of multichannel cable network on the nature of viewing and social interactions. *Journal of Human Values*, 6(1),73-77)
17. **Amrita Yadava**, Nov Rattan Sharma & Sunita (2000). Across generation comparison of values in rural area. *Indian Journal of Psychometry and Education*, 31(2), 101-104.
18. M.K. Darolia, **A. Yadava** & N.R. Sharma (2000). Age related menmoactive effect of glucose. *Indian Journal of Gerontology*, 14(3&4), 104-108.
19. Nov Rattan Sharma, Sushma Sharma, A.S. Sethi & **Amrita Yadava** (2001). Child rearing practices and parental training as determinants of Achievement motivation. In Mahesh Bhargava and Saroj Aurora(Eds )*Parental Behaviour*.(pp.129-1360) Agra:H.P.Bhargava Book House.
20. Nov Rattan Sharma, Asha & **Amrita Yadava** (2001). Mental health of women in relation to job stress. *Journal of Personality and Clinical Studies*, 17(1), 41-44.
21. **Amrita Yadava**, Nov Rattan Sharma & Anu Gandhi (2001). Agression and moral disengagement. *Journal of Personality and Clinical Studies*, 17, 95-99.
22. Nov Rattan Sharma, **Amrita Yadava** & Sunita (2001). Study of general depression among college students. In C.P. Khokhar(Ed) *Trends in Clinical Diagnosis and Psychotherapy (modern and vedic)*, pp.179-186,Haridwar:gurukul Kangari.
23. Nov Rattan Sharma, Sushma Sharma & **Amrita Yadava** (2002). Level of psychological distress among rural and urban school teachers. *Recent Researches in Education and Psychology*, 7, 73-77.
24. **Amrita Yadava**, Sunita & Nov Rattan Sharma (2002). Across generation study of aggression and moral disengagement. *Indian Journal of Psychometry and Education*, 33(1), 13-18.
25. Nov Rattan Sharma, **Amrta Yadava** and Manju (2002). Retrieval ability as a function of personality dimension and level of intelligence. *Psycho-Lingua*, 32(1), 15-20.
26. Nov Rattan Sharma, **Amrita Yadava** and Poonam (2002). Effect of impulsivity on attentional processes. *Journal of the Indian Academy of Applied Psychology*, 28(1-2), 39-44.
27. **Amrita Yadava**, Nov Rattan Sharma and Sushma Sharma, (2003). Effect of Multi-channel Television Network on Social Interaction. In N.K. Chandel et al(Eds) *Psychological Implications of Information Technology*,pp. 89-93.New Delhi:Deep Publications.

28. **Amrita Yadava**, Nov Rattan Sharma and Nidhi Jakhar (2003). Caloric Restriction and Cognitive Performance. *Maharshi Dayanand University Research Journal (Arts)*, 2(1), 23-30.
29. **Amrita Yadava**, Nov Rattan Sharma and Nisha (2003). Memory modulatory effect of glucose on heat stress induced amnesia. *Psycho-Lingua*, 31(1), 55-59.
30. **Amrita Yadava**, M. Darolia and Nov Rattan Sharma (2003). Dose dependent mnemoactive effect of glucose. *Indian Journal of Psychological Issues*, 11(1), 79-83.
31. Nov Rattan Sharma, Sushma Sharma and **Amrita Yadava** (2003). A study of anger expression among college students. *Journal of Personality and Clinical Studies*, 19, 243-248.
32. Sonu Joshi, Nov Rattan Sharma and **Amrita Yadava** (2004). A study of values in relation to age, gender and economic level of the respondents. *Asian Journal of Psychology and Education*, 37, 18-21.
33. Nov Rattan Sharma, C.R. Darolia, A.S. Kajal and **Amrita Yadava**, (2004) Emotional Intelligence: Construct Independence from social intelligence, Personality and temperament. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.46-58) Delhi, Wisdom Publication.
34. Nov Rattan Sharma, Poonam Tayal and **Amrita Yadava** (2004). Inspection time in relation to level intelligence. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.65-72) Delhi, Wisdom Publication.
35. Nov Rattan Sharma, Ashok Kumar and **Amrita Yadava** (2004) Self esteem as a determinant of well being. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.97-105) Delhi, Wisdom Publication.
36. Nov Rattan Sharma, Deepti Hooda and **Amrita Yadava** (2004). Study of anger in relation of personality. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.106-112) Delhi, Wisdom Publication.
37. Nov Rattan Sharma, Sonu and **Amrita Yadava** (2004). Across gender comparison of need patterns. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.169-174) Delhi, Wisdom Publication.
38. **Amrita Yadava**, Neeraj and Nov Rattan Sharma (2004). Contribution of structural and semantic components of reading ability in Ach. In Hindi. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.193-199) Delhi, Wisdom Publication.
39. **Amrita Yadava** , Nov Rattan Sharma and Sushma Sharma (2004). Genesis of individual differences in behaviour among animals. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.209-213) Delhi, Wisdom Publication.
40. Savita Arya, Nov Rattan Sharma, and **Amrita Yadava** (2004). Effect of Noise Sensitivity Level on Concentration. *Psycho-Lingua*, 34, 154-158.
41. Nov Rattan Sharma, **Amrita Yadava** and Deepti Hooda (2005). Effect of Yoga on psycho-physical functions. *Journal of Indian Psychology*, 23, 37-42.
42. Nov Rattan Sharma, Ravinder and **Amrita Yadava** (2005). Study of personality and adjustment of players of individual and team games. In J. Mohan and M. Sehgal (Eds.). *Readings in Sports Psychology*, (p.237-247) New Delhi, Friends Publications, India.

43. Sharma, Nov Rattan Sharma and **A. Yadava** (2005). A critical review of well being measures. In Ajit K. Dalal and Subha Ray (Eds.). *Social Dimentions of Health*, (p.37-52) Jaipur, Rawat Publications.
44. Nov Rattan Sharma, A. Sharma and **A. Yadava** (2005). Psychosocial correlates of health: A review. In Ajit K. Dalal and Subha Ray (Eds.). *Social Dimentions of Health*, Jaipur, Rawat Publications.
45. Raj bir Singh, Sunita Malhotra, Promila Batra, **Amrita Yadava**, Nov Rattan Sharma, Radhey Shyam, Shalini Singh and Satish Kumar (2006). Biopsychosocial perspective of health psychology: An empirical tryout. *Journal of Indian Health Psychology*, I, 8-28.
46. Nov Rattan Sharma, Ashok Sharma and **Amrita Yadava** (2006). Study of general mental health in relation to personality. *Journal of Indian Health Psychology*, I, 67-75.
47. Ashok Sharma, Nov Rattan Sharma and **Amrita Yadava** (2006). Correlates of positive health: A review. In: J Mohan and M. Sehgal (Eds.). *Health psychology : Recent Perspectives* (pp. 297-310) Delhi: Abhijeet Publications.
48. **Amrita Yadava**, Nov Rattan Sharma and Sunita (2006). Moral disengagement and guilt reactions. *Indian J of Psychometry and Education*, 37, 99-104.
49. Nitu Jain, Nov Rattan Sharma & **Amrita Yadava** (2006). Personality and behaviour : A triguna perspective. In: Updesh Kumar, et al.(Eds.). *Recent Developments in Psychology* (pp. 19-33). Delhi: DIPR, DRDO.
50. **Amrita Yadava**, Anita and Nov Rattan Sharma (2006). Effect of residential density on mental health. *Indian Journal of Community Psychology*, 2 (1), 147-151.
51. **Amrita Yadava**, Nov Rattan Sharma and Sushma Sharma (2007). Embodiment of positive health psychology. In: Amrita Yadava and Nov Rattan Sharma (Eds.). *Positive health psychology* (pp. 3-14). New Delhi: Global Vision.
52. Suman Sangwan, Nov Rattan Sharma and **Amrita Yadava** (2007). Managing obesity with positive life style. In: Amrita Yadava and Nov Rattan Sharma (Eds.). *Positive health psychology* (pp. 335-346). New Delhi: Global Vision.
53. Nitu Jain, Nov Rattan Sharma & **Amrita Yadava** (2007). Prakriti and well being. In: Raj bir Singh and Radhey Shyam (Eds.). *Psychology of Well being* (pp. 361-372). New Delhi: Global Vision.
54. Nov Rattan Sharma, Ashok Sharma and **Amrita Yadava** (2007). Personality correlates of well being. In: K. Ravichandra, C. Beena and Renuka Regani (Eds.). *Psychological well being* (pp. 5-22) New Delhi: Global Vision.
55. Nov Rattan Sharma, P.N. Sharma and **Amrita Yadava** (2007). Effect of diazepam on avoidance learning. *Psycho-lingua*, 37, 3-8.
56. Deepti Hooda, NovRattan Sharma and **Amrita Yadava** (2008). Emotional Intelligence as a Predictor of Positive Health in Working Adults. *Journal of Indian Health Psychology*, 2,196-207.
57. Deepti Hooda, NovRattan Sharma and **Amrita Yadava** (2008).Sex Differences in Intelligence among working Adults. *Global Journal of Business Management*, 2,133-142.

58. Neeraj Yadav, **Amrita Yadava** & NovRattan Sharma (2008).Structural and Semantic Correlates of Reading Ability and Academic Achievement. In: Nov Rattan Sharma, Ashok K.Kalia and Amrita Yadava (Eds.). *Psychology of Education* (pp. 111-146). New Delhi: Global Vision..
59. **Amrita Yadava**, NovRattan Sharma and Sushma Sharma (2008).Understanding Bullying: A Moral Disengagement Framework. In: Nov Rattan Sharma, Ashok K.Kalia and Akbar Husain (Eds.). *Counselling: Theory, Research and Practice*. (pp. 147-160). New Delhi: Global Vision.
60. Deepti Hooda, NovRattan Sharma and **Amrita Yadava** (2009). Social Intelligence as a predictor of positive psychological health. *Journal of Indian Academy of Applied Psychology*, 35,143-150.
61. **Amrita Yadava**, Sushma Sharma and NovRattan Sharma. (2010). Interface between Business and Psychology. In: Nov Rattan Sharma and Amrita Yadava (Eds.). *Business Psychology* (pp. 15-30). New Delhi: Global Vision.
62. Deepti Hooda, **Amrita Yadava** and NovRattan Sharma. (2010). Development of Positive Psychological capital in Business Organisations. In: Nov Rattan Sharma and Amrita Yadava (Eds.). *Business Psychology* (pp. 333-380). New Delhi: Global Vision.
63. Mandeep Sharma, Kaveri, NovRattan Sharma and **Amrita Yadava** (2010).Personality Factors as Correlates of Health among adults. *Journal of the Indian Academy of Applied Psychology*,36(2), 328-333.
64. Jyoti, **Amrita Yadava**, & Deepti Hooda (2009). Study of Violence in Relation to Moral Discouragement and Guilt reaction. N. Rathi (Ed) *Voilence and Conflict Resolution. Contemporary Persepective* (pp; 131-141) New Delhi: Global Vision.
65. Mandeep Sharma, **Amrita Yadava** and NovRattan Sharma (2010). Countermeasures Deterrent to Accuracy in Lie Detection. *Behavioral Scientists*, 11(2), 97-104.
66. Mandeep Sharma, NovRattan Sharma and **Amrita Yadava** (2010). Depression in relation to Self –Efficacy and Parenting style among female adolescents. *Indian Journal of Community Psychology*,6(2),208-220.
67. Mandeep Sharma, NovRattan Sharma and **Amrita Yadava** (2010). Parental Styles and Depression among Adolescents. *Journal of Indian Academy of Applied Psychology*.37 (1), 61-68.
68. Deepti Hooda, NovRattan Sharma and **Amrita Yadava** (2010). Intelligece as Contributor of Positive Health Across Gender. *Indian Social and Psychological Studies*, 3(2), 59-70.
69. Priti, **Amrita Yadava** and NovRattan Sharma (2011). Factor Structure of Values- in- Action (VIA) in Diseased and Non-diseased Adults. *Journal of Indian Health Psychology*, 5(2), 81-90.
70. Deepti Hooda, NovRattan Sharma and **Amrita Yadava**.(2011).Emotional Intelligence and Spiritual Health among Adults. *Journal of Indian Academy of Applied Psychology*.37 (2),246-250.

Participation / Paper presentation/ Co-Chairing/ Chairing Session in Conference / Seminars / Workshops

- 1) Participated and presented a paper in the Twenty-Fourth annual conference of Indian Academy of Applied Psychology, Dept. of Psychology and Parapsychology, Andhra University, Visakhapatnam, 23-25 March, 1987
- 2) Participated in seminar on "Neuro Psycho Dignosis and cognitive ortho psychology, Dept. of Psychology, Jaipur, 3-5 October, 1987
- 3) Member of Organising Committee of National Seminar on Environmental Psychology, Dept. of Psychology, M.D.University, Rohtak 23-25 October, 1997
- 4) Participated in a National Seminar on "Psychology and National Development" organised by Deptt. of Psychology, K.U. Kurukshetra from 21.12.97 to 22.12.97.
- 5) Participated in 4th National Conference of Psycho-Linguistic association of India (PLAI) at Ismail National P.G. College, Meerut on 24th and 25th Oct. 1998.
- 6) Participated and presented two papers in a National Conference on "Research in Clinical Psychology" at A.I.I.M.S., New Delhi from Feb. 2-5, 1999.
- 7) Participated and presented two papers in a National Conference on "Behavioural Management" organised by Haryana Institute of Rural Development (HIRD) Nilokheri from 3.2.2000 to 5.2.2000.
- 8) Participated and presented two papers in an International Conference on "Human Resource, Development in this Millennium" organised by 'AASTHA', Delhi from 18.2.2000 to 20.2.2000.
- 9) Participated and presented a paper in the International Conference on Health Psychology, AASTHA, Delhi, 23-25, March,2001
- 10) Participated and Presented a paper in an International Seminar on "Challenges Before Human Resource Development in the Millennium" at New Delhi organized by Aastha from 18.1.02 to 20.1.02.
- 11) Participated in a National Seminar on "Psychological Implications of new dimensions of technological development" at Vaish College, Bhiwani from 22.2.02 to 23.2.02.
- 12) Participated and Presented a paper in UGC sponsored National Seminar on "Women and Human Rights" organised by Dept. of Sociology, M.D. University, Rohtak from 5.3.02 to 6.3.02.
- 13) Participated and Presented a paper in the ICSSR sponsored National Seminar on "Rural Development and Social Transformation" organised by Dept. of Rural Development, M.D. University, Rohtak from 15.3.02 to 16.3.02.
- 14) Participated and presented two papers in an Inaugural Conference of IPS-NZ (Haryana Branch) on "Mental Health Reaching the Unreached" at Rohtak from 7.9.2002 to 8.9.2002.
- 15) Participated in a workshop on "Patent Awareness" organized by Department of Biosciences, M.D. University, Rohtak on 21.12.2002.
- 16) Participated and presented two papers in a National Symposium on "Advances in Cognition" organized by T.I.E.T., Patiala from 28-30 March, 2003.
- 17) Participated and presented two papers in 7<sup>th</sup> International and 38<sup>th</sup> National Conference of IAAP organized by Department of Psychology, J.N.V. University, Jodhpur from 11.10.2003 to 13.10.2003.



- 18) Participated and presented a paper in National Seminar on Ecology and Environmental Issues and Research Needs, Department of Botany, Kurukshetra University, 8-9 January, 2003.
- 19) Participated in Regional Seminar on Substance abuse/ misuse in N-W Region of India: Causes, Consequences and Remedies, Dept. of Psychology, M.D. University, Rohtak, 31 January, 2004
- 20) Participated and presented a paper in a National Seminar on Social psychological problems of Youth organized by Govt. P.G. College, Bahadurgarh from 22-12-04 to 23-12-04
- 21) Participated in one day workshop on Projective Indicators of Well being in Somatic Inkblot Series (SIS), organized by Dept. of Psychology, M.D. University, Rohtak, on 7.6.2005.
- 22) Participated and chaired a session in a National Seminar on Psychophysiology of well being at Department of Psychology, M.D. University, Rohtak from 28.3.2006 to 29.3.2006.
- 23) Participated and presented a paper in a National Conference on Emerging Paradigms in Psychology at DIPR, DRDO, Delhi from 22-9-06 to 24-9-06.
- 24) Participated in a one day workshop on Projective Technique organized in Department of Psychology, M.D. University, Rohtak on 31-3-07.
- 25) Participated in National Seminar on 'Positive Perspective of Health and Behavior' on 1<sup>st</sup> and 2<sup>nd</sup> Feb. 2008 organized by Department of Psychology, M.D. University, Rohtak.
- 26) Participated and chaired a session in National Seminar on Parenting of Adolescents : Trends and Role in Modern Era, Dept. of Psychology, Government College, Sector- 46, Chandigarh on 4.4.09.
- 27) Participated in and chaired a session at National seminar on Mental Health and Current Scenario, Dept. of Psychology, Gurukul Kangri University, Haridwar on 20.3.09-21.3.09.
- 28) Participated and presented a key note address in the National seminar on "Psychology; Trends and Direction" Organised by Dept. of Psychology B.L.J.S. College Tosham from 22-1-10 to 23-1-10
- 29) Participated in a workshop on "Latest development in Positive Psychology" organized by Department of HSS, IIT, Delhi on 15-1-10.
- 30) Participated in work shop "Experiential Training and Development" Organised by Dept. of Psychology, M.D. University, Rohtak on 11-2-2010.
- 31) Participated and chaired sessions in National Seminar entitled "Positive Psychology and Health: Intervention & Strategies" organized by Department of Psychology, M. D. University, Rohtak, on March 28 & 29, 2010.
- 32) Participated and Presented a paper in International Conference on "Positive Psychology: A New Approach to Mental Health" organized by, Amity University Rajasthan from 6.8.10-8.8.10.
- 33) Presented a paper in the workshop on "Career Counseling and Guidance" organized by M. A. College for women Jhajjar, Haryana on 11.2.2011.
- 34) Participated and Presented a KeyNote in a State level Seminar organized by Department of Physical Education, Government College, Hisar, Haryana, on 5.3.11.

- 35) Participated and Presented a special lecture in National Seminar on “Psycho-Social Antecedents and Moderators of Environment” organized by Department of Psychology, B.L.J.S., P.G. College, Tosham on 10.3.11-12.3.11
- 36) Participated in a National Seminar from organized by Department of Psychology, M.D.University, Rohatk. March 26-27, 2011.
- 37) Participated in a workshop on “Combating Stress”, organized by Department of Psychology, M.D. University, Rohatk on 9.4.2011
- 38) Participated/ Chaired a session in a workshop on “Positive Psychology and Socio-Cultural Issues ” organized by Department of HSS, IIT, Delhi on 27.04.11.

#### **Award and Distinctions**

1. Silver Medal awarded for First class First Position in order of merit, M.A.(1981) Kurukshetra University, Kurukshetra.
2. “Major Sat Parkash Verma Gold Medal” Awarded for securing highest percentage of marks in M.A.(1981) in Faculty of Social Sciences Kurukshetra University, Kurukshetra.
3. “Felicitation for contribution in the areas of Cognitive Psychology, Health Psychology and Counseling” at National Seminar on Mental health and Current Scenario (2009), G.K. University. Haridwar.

#### **Other Contributions**

1. Member of Organizing Committee, National seminar on “Environmental Psychology” from 24-26 October, 1997.
2. Organizing Secretary, National seminar on “Individual Differences and Behaviour” from Oct. 11-12, 2002.
3. Coordinator of “Positive Health Week” from 8<sup>th</sup> Feb. to 17<sup>th</sup> Feb. 2003.
4. Coordinator of Panel discussion on “Gender discrimination causes, implications and intervention” on 8.3.2003.
5. Organizing Secretary, International Conference of IAAP on “Positive health and well being” from 15.7.2004 to 17.7.2004.
6. Convener, National seminar on Health Psychology: Retrospect and Prospects from 29-03-05 to 30-03-05.
7. Incharge of PSY- Circle (students activity group, department of psychology) 2001-2005. Organized Quiz contest, in house Seminar, Health awareness campaign, Sports Day, Psychological Assessment camps etc.
8. Conduct of Micro Lab, and Ice Breaking session, for the students of the department, at the commencement of each session